

# Describing My Hearing

SIDES, DEGREE, TYPE & LOCATION

The characteristics of a person's hearing is typically described in this order:

1. **Sidedness** (unilateral or bilateral)
2. **Type** (conductive, sensorineural or mixed)
3. **Degree** (mild, moderate, etc.)

Here's an example:

a **unilateral sensorineural** hearing loss **sloping** from **moderate** to **severe** in the left ear and typical hearing in the right ear.

**Directions:** Use information from your audiogram and audiologist's report and your research to select the characteristics of your hearing.

## Sidedness

Unilateral

Bilateral

## Type

Conductive

Sensorineural

Mixed

## Degree

Mild

Moderate

Severe

Profound

Sloping?

# Describing My Hearing

Here's how Lynae describes her hearing.

## My hearing by Lynae

I have a **unilateral sensorineural** hearing loss **sloping** from **moderate** to **severe** in my left ear and typical hearing in my right ear.

Describe your hearing. Include sidedness, type and degree. Use the example.

My hearing  
by

Use this space to share any other information about your hearing, or any questions or wonderings you have.