

**ICM**INSAN  
CENDEKIA  
MADANI**PUSH and PULL  
are FORCES**

Name

:

Class

:

Teacher

:

Date

:

Pre-assessment

Individual guided  
practice✓ Independent/fluency  
practice

Formative Assessment

Marks:

Score:

**100****Choose the correct answer and answer the question.**

|                                                                                     |      |      |
|-------------------------------------------------------------------------------------|------|------|
|    | push | pull |
|   | push | pull |
|  | push | pull |
|  | push | pull |
|  | push | pull |

How to make an object moves away from us? \_\_\_\_\_

What will happen if you push an object hardly? \_\_\_\_\_

Choose the correct answer and answer the question.

|                                                                                     |                                |
|-------------------------------------------------------------------------------------|--------------------------------|
|    | push                      pull |
|    | push                      pull |
|   | push                      pull |
|  | push                      pull |
|  | push                      pull |

How to make an object moves closer to us? \_\_\_\_\_

What will happen if you pull an object slowly? \_\_\_\_\_

Write each activity in the diagram below.

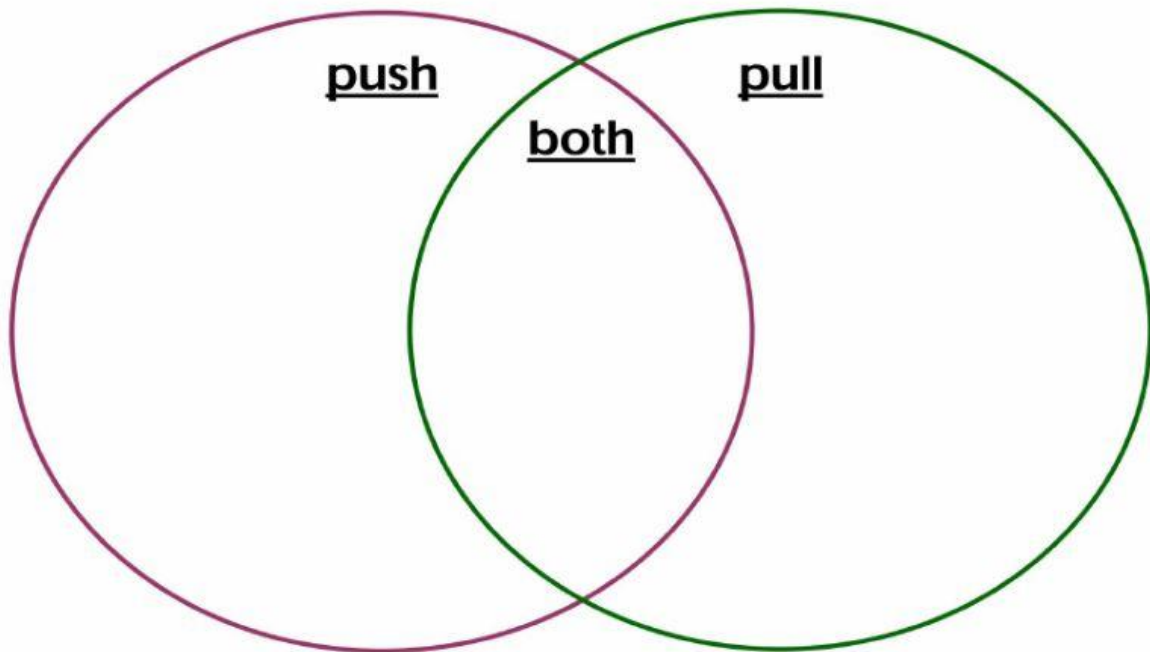


A **push** is a force that moves something farther away.

A **pull** is a force that moves things closer.

Sometimes we pull things and sometimes we push them.

Sometimes we do both!



ring a doorbell



cut with scissors



hammer



erase



rake leaves



zip a zipper



hit a ball



get a tissue

**Self reflection: (tick ✓ the picture)**



**I can do the task  
by myself**



**I need a little  
help**



**I need a lot  
of help**