

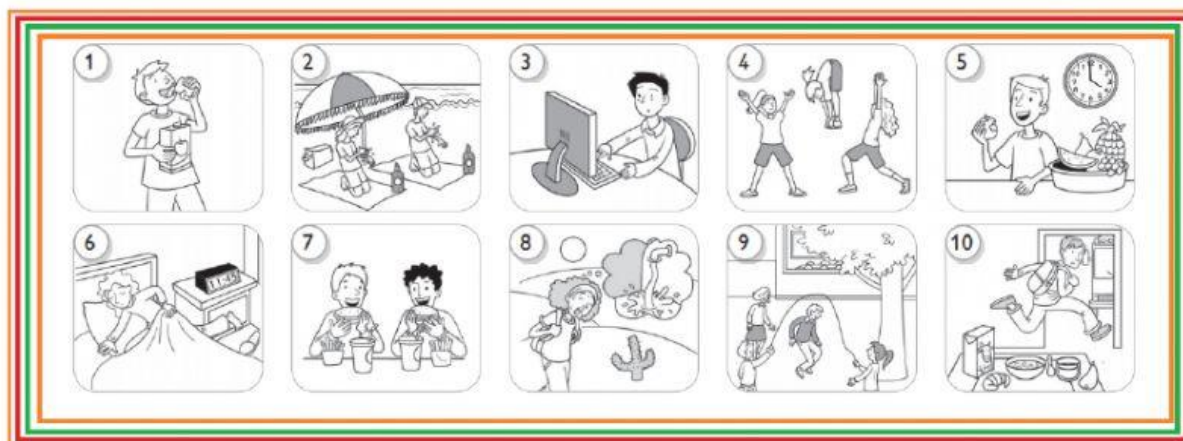
HEROES 6 UNIT 1 EXTRA ACTIVITY

1. What does David do to stay healthy? Listen and put the phrases in the correct place.

do exercise drink enough water eat healthy snacks eat junk food and have
fizzy drinks get enough sleep have a check-up miss breakfast spend
time on the computer play outside wear sun cream

He does ...	He doesn't

2. Read and complete the sentences with the correct form of the verb.



- 1 They often _____ junk food. (eat)
- 2 They always _____ sun cream in the summer. (wear)
- 3 He _____ a lot of time on the computer every day. (spend)
- 4 It's time for PE. They _____ exercise today. (do)
- 5 It's 4 o'clock and he _____ a healthy snack. (eat)
- 6 She often _____ to bed late. (go)
- 7 He _____ fizzy drinks at home. (not have)
- 8 She _____ enough water. (not drink)
- 9 It's break time. They _____ outside. (play)
- 10 He _____ breakfast this morning. (miss)