




 <b>ICM</b>   INSAN CENDEKIA MADANI	<b>PUSH and PULL are FORCES</b>	Name	:
		Class	:
		Teacher	:
		Date	:
Pre-assessment  ✓ Independent/fluency practice	Individual guided practice  Formative Assessment	Marks:  <b>100</b>	Score:  <div></div>






**Choose the correct answer and answer the question.**

	push	pull
	push	pull
	push	pull
	push	pull
	push	pull

Is it easier to push or pull something with a rope?

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Choose the correct answer and answer the question.

	push                      pull
	push                      pull
	push                      pull
	push                      pull
	push                      pull

Is it easier to push a box or a box on wheels?

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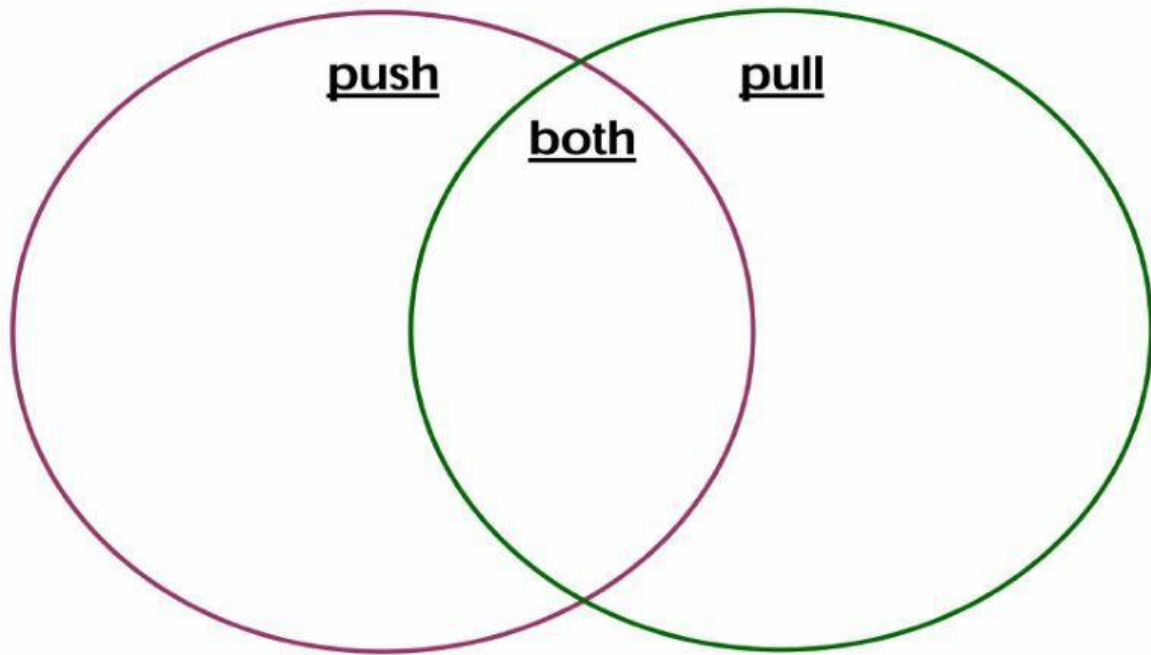
Write each activity in the diagram below.



A **push** is a force that moves something farther away.

A **pull** is a force that moves things closer.

Sometimes we pull things and sometimes we push them.  
Sometimes we do both!



ring a doorbell



cut with scissors



hammer



erase



rake leaves



zip a zipper



hit a ball



get a tissue

**Self reflection: (tick ✓ the picture)**



**I can do the task  
by myself**



**I need a little  
help**



**I need a lot  
of help**