

**ICM**INSAN
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PUSH and PULL are FORCES

Name	:
Class	:
Teacher	:
Date	:

Pre-assessment

Individual guided
practice

- ✓ Independent/fluency
practice

Formative Assessment

Marks:

Score:

100**Choose the correct answer and answer the question.**

	push	pull
	push	pull
	push	pull
	push	pull
	push	pull

Is it easier to push or pull something with a rope?

Choose the correct answer and answer the question.

	push	pull
	push	pull
	push	pull
	push	pull
	push	pull

Is it easier to push a box or a box on wheels?

Write each activity in the diagram below.

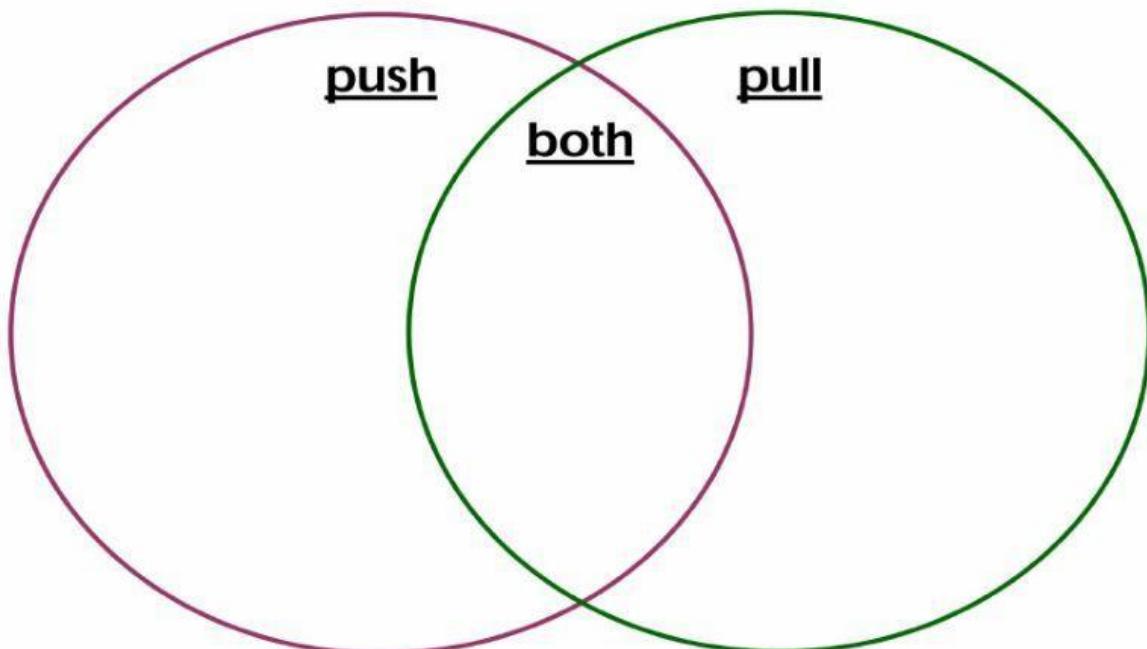


A **push** is a force that moves something farther away.

A **pull** is a force that moves things closer.

Sometimes we pull things and sometimes we push them.

Sometimes we do both!



ring a doorbell



hammer



zip a zipper



cut with scissors



erase



rake leaves



hit a ball



get a tissue

Self reflection: (tick ✓ the picture)



I can do the task
by myself



I need a little
help



I need a lot
of help