



Соедините слова с их переводом

eat out

замороженный

cut down on

еда на вынос

cut out

кушать не дома

fresh

сырой

frozen

сократить потребление

low-fat

острый

takeaway

заниматься спортом

raw

исключить из рациона

spicy

свежий

tinned

нежирный

ready-made

консервированный

feel down

готовая (еда)

do sport

быть подавленным, грустным

Дополните предложения словами из списка

feel down – fresh – low-fat – cut down on – raw – tinned –
cut out – takeaway – eat out - frozen

- 1) Every day I work long hours and don't have time to cook, that's why I often _____.
- 2) My husband and I are trying to _____ on sweets and junk food, because we want to be healthy.
- 3) I like honey very much, but now I have to _____ all dishes with honey.
- 4) When people _____, they often eat chocolate, it makes them feel positive.
- 5) The chicken was _____, that's why we called the waiter and sent our dishes back.
- 6) Can't you buy _____ vegetables? It is summer, but you cook soups with _____ vegetables!
- 7) I don't really order _____, but if I'm with friends, we sometimes order pizzas or Chinese food.
- 8) I don't like _____ tomatoes. They taste strange.
- 9) Many people think, that _____ yoghurts are good for health, but they contain a lot of sugar.