

Positive and negative aspects of using mobile phones

Positive aspects

- you can use it for education
- you can use it to keep in touch with your friends and family members
- you can pay with it
- you can take pictures and videos with it
- it is small, so you can take everywhere with you
- you can use it as an alarm clock, calendar, map
- you can write notes and reminders using it
- you can write emails with it
- you can listen to music, read books, watch film and videos on it
- you can download useful apps and different games
- etc...
- **just take a look at your phone and all the applications you have on it. Now you can see how many things it can be used for.**



Negative aspects

- young people can become estranged from each other
- huge screen can be harmful for your health (it can cause headache, it can be bad for your eyes)
- you can easily become addicted, especially to social media sites or games
- mobile phones are often expensive
- if you get messages and reminders all the time, it can also be annoying

Positive and negative sides of traditional books and e-books/e-book readers

good option for travelling - perfect for night reading - requires internet connection and electricity - you don't need a lot of place to store it - you don't need a battery for using it - it keeps you away from screens, so it is better for your eyes - it might be harmful for your eyes - you need to charge it - you need a battery for using it - does not require internet connection and electricity - you need to store it somehow and if often needs a lot of place - it needs paper which might be bad for the environment - it uses a battery and recycling it can be problematic - it is expensive if you read a lot - it is more economical if you love reading - it is a cheaper and better option if you don't read a lot - difficult to carry it - it might not be easy to read it in sunlight -

Traditional books

+
+
+
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E-books

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+
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Positive and negative aspects of using a laptop or a tablet

What advantages and disadvantages can you think of in the case of laptops and tablets?

Imagine you are going to university next year and your grandparents told you that they would like to give you something useful. You can choose between a laptop and a tablet. Which one would you choose?

it is easy to carry around - it is cheaper - it can be more expensive - smaller and lighter - more powerful - programs and games typically have more options and features for this gadget - it has longer battery life - better to use for writing tasks and exams - has more storage capacity - apps for this device are more restrictive - bigger and heavier - not so easy to carry around - has less place to store your stuff - you can take pictures and videos with it easily - can be used for more things

Tablets

Laptops