

HEALTHY LIFE!

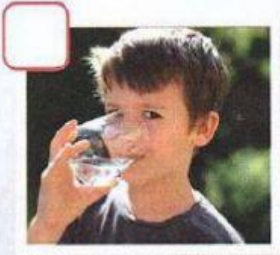
ALL ABOUT NATURAL SCIENCE

ACTIVITIES

1- Listen, point and repeat.

2- Listen and number.

Keeping healthy



drink water



exercise every day



walk to school



sleep 10 hours

3- Look and write. Then write YES or NO

1



walk to school

2



3



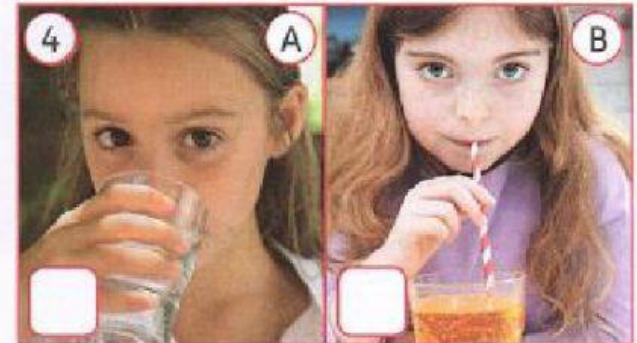
4



Me

ARE YOU HEALTHY? _____

4- Write YES in the healthy choice.



5- Write

- a. I _____ walk _____ to school.
- b. I _____ for ten hours.
- c. I _____ every day.
- d. I _____ water.

6- What can you do to exercise? Write a list.

- a. _____
- b. _____
- c. _____
- d. _____
- e. _____