



Pre Advanced – TP 2

LISTENING

A) You are going to listen to three short recordings about sport. For questions 1–6, choose the answer (A, B or C) which fits best according to what you hear.

Extract 1

You hear two friends discussing women in sport.

1 What does the woman think about women in sport?

- A They can compete equally with men.
- B They can become over-emotional.
- C They deal with the pressures of competing as well as men do.

2 The man believes that female athletes

- A are able to participate in the same events as men do.
- B can beat men in sports that don't depend on strength.
- C need to train longer than men for competitions.

Extract 2

You hear two friends discussing taking up running.

3 What's the man's opinion of using a gym?

- A It can help you meet people.
- B It can be boring.
- C It can get you in the right mood for work.

4 They both think that

- A entering competitions is a good goal to have.
- B starting out in a gym is a good thing.
- C getting advice at the beginning is important.

Extract 3

You hear two friends discussing a demonstration.

5 The man and woman both feel

- A confident that the sports centre will stay open.
- B sorry that they hadn't protested earlier.
- C encouraged by the number of people who are going to the demonstration.

6 What is the woman's attitude to online petitions?

- A Not enough people are aware of them.
- B People aren't interested in signing them.
- C Opinions aren't influenced by them.



READING

C) Read the article and choose the answer (A, B, C or D) which you think fits best according to the text.

1 According to the writer, what does an 'armchair athlete' do?

- A They exercise whilst sitting down.
- B They watch others do the hard work.
- C They organise sporting events in their home.
- D They pay for better seats in the sports stadium.

2 When did the writer's interest in rugby begin?

- A When he heard about it from a friend.
- B When he was offered some cheap tickets.
- C When he went into the World Cup stadium.
- D When he lost interest in football.

3 What does the writer say about the spectators in paragraph 2?

- A They all sang continuously.
- B They paused to listen to some songs.
- C They knew all the national songs.
- D They sang loudly but badly.

4 In the writer's view, what was most important to the spectators?

- A Their team being successful.
- B The mistakes their team made.
- C The physical performance of their team.
- D The performance of the individual sportsmen.

4 What does the writer say about rugby matches in paragraph 3?

- A They are similar to football matches.
- B They create divisions between the spectators.
- C They allow supporters onto the pitch to dance.
- D They attract fans from all age groups.

5 By the end of the afternoon, the writer concluded that

- A Rugby rules are easy to follow.
- B Rugby is a game for people who like violent sport.
- C Rugby players like fighting and hurting each other.
- D Rugby players are people who should be respected.



NAME:

For the love of sport

I've always been a very sporty person, but I guess I'm what you might call an 'armchair athlete'. I watch lots of televised sport and pay my subscription to be able to watch matches live from the stadium on the sofa. Live or recorded, sport is readily available in our modern world. In terms of my sport of choice, I'd always been more interested in football than anything else until a few years ago when I started taking an interest in rugby. My interest in it really took off with the Rugby World Cup back in 2015. I was fortunate enough to be working in London at that time, and I'd met a friend who worked in the stadium where most of the games were being held. Even though I'm not from London myself, she said that through her, I could get discount tickets. And well, from the moment I entered that stadium, I knew this was a sport I could really take to.

The atmosphere in the stadium on that first day was electrifying. The crowds were singing passionately. It was the first time that I'd been in an event where you could hear 80,000 people singing along – and that was before the teams were even on the pitch! As a regular viewer on the small screen, you get used to hearing crowds singing in the stadium, but it's not until you get the chance to experience it for real that you really sense the passion. It almost brought me to tears! I think it's widely accepted that big sporting matches between two teams can involve angry, even violent feelings, but not this game, and I think that was demonstrated by the respectful way they listened to each other's national anthems. But aside from that, I just loved how, all through the match, the spectators were so engaged with what was happening on the pitch. People were loving the show of strong, skilled athletes, of course, and the drama playing out in front of them. But ultimately, there could only be one winner and they were all hoping it would be their team.

The entertainment before during and after the game was great, too. You could see how the game catered to the interests of everyone. I've been to lots of football matches, but this rugby match was different. I was surprised that it was much more inclusive, interactive and fun than the football matches I'd been to. There were singers, there were dancers, there were mini-matches with local school kids demonstrating their skills. For me, this somehow added an extra level of enjoyment to the event. And I think what struck me most was how the whole atmosphere was so friendly. I was sitting between a group of teenagers and a group of middle aged men and women and we were all chatting throughout the game. As opposed to football where the team fans are segregated, we found we were surrounded by supporters of both teams who joked with one another, but were always respectful, even shaking hands at the end of the game. To me, this is what provides a real feel-good factor.

At the end of the afternoon, I asked myself what I'd got from the experience. What was the effect of spending the afternoon watching a sport I'd never really taken an interest in before? I think the answer is that I really had to reassess my own feelings on the game. All through my life, I'd thought that rugby was a game for people who enjoyed violent sport. It's hard to believe now that I ever thought like that. I've challenged my own stereotype of rugby players being big guys who just like playing rough and knocking each other over all the time. Yes, the game may have a few rules that some people will find a bit confusing at first, but ultimately, rugby is an elegant and technically fascinating game played by elite athletes whose performance and skills should be admired and respected.