

VOCABULARY

HOW DO YOU LIKE *to spend your time?*

RATE THESE ACTIVITIES ON A SCALE OF 0 TO 3.

- ↑
- 3 = extremely important
2 = fairly important
1 = somewhat important
0 = not important to me at all

- 
- | | | |
|----|--|---------|
| 1 | spending time with my family | 0 1 2 3 |
| 2 | hanging out with my friends | 0 1 2 3 |
| 3 | spending time alone relaxing and doing nothing | 0 1 2 3 |
| 4 | immersing myself in my work or studies | 0 1 2 3 |
| 5 | seeking excitement | 0 1 2 3 |
| 6 | engaging in quiet activities at home | 0 1 2 3 |
| 7 | participating in sports | 0 1 2 3 |
| 8 | working out to stay in shape | 0 1 2 3 |
| 9 | rooting for my favorite teams | 0 1 2 3 |
| 10 | attending cultural events | 0 1 2 3 |
| 11 | enjoying my hobbies and other interests | 0 1 2 3 |

WAYS TO DESCRIBE PEOPLE



- **sociable:** likes being around other people
- **a loner:** prefers being alone or hanging out with close friends or family
- **active:** enjoys doing lots of activities, has lots of interests
- **sedentary:** somewhat inactive physically
- **laid back:** relaxed, easygoing
- **other**

Ava: [phone rings] Don't you need to take that?
 Erin: Nah. It's my new boss. It can wait till tomorrow.
 Ava: Really? What if it's urgent?
 Erin: She needs to know I'm not always **on call**. And besides, my workday ended over two hours ago ... I have a life!
 Ava: Well, you're a lot more laid back than I am. I've got **a lot on my plate** at work these days. I'd worry my boss might think I was **slacking off**.
 Erin: But he knows that's not true! You work really hard.
 Ava: I do. But I feel like I need to take my work home with me.
 Or I'll never be able to **keep up**.
 Erin: Well, my previous boss was always calling me on the weekend.
 Finally, I had to put a stop to it. I just decided I wouldn't take any more calls after hours. You just have to **draw the line** somewhere, right?
 Ava: I suppose so. But if I did that, I'd be **a nervous wreck** that I might lose my job.
 Erin: Me, I can't live like that. When I'm at work, I **give it my all**.
 But my free time is mine ... [phone rings] Is that yours?
 Ava: I guess so ... Oh no ... I forgot I was supposed to call my boss at 7:00. Excuse me for a minute ...
 Erin: Come on! Don't tell me you're going to take that!
 Ava: Stop that! Shhh!



IDIOMS

UNDERSTAND IDIOMS AND EXPRESSIONS

Match each with its correct meaning.

- 1 be on call
- 2 have a lot on one's plate
- 3 slack off
- 4 keep up
- 5 draw the line
- 6 be a nervous wreck
- 7 give something one's all

FIND THE EXPRESSIONS IN THE READING

- a not work as hard as one should
- b finish everything that needs to get done
- c make it clear that something is unacceptable
- d be anxious or worried about something
- e make oneself available for someone to contact any time
- f do something with maximum effort
- g have lots of things that need to get done

COMPLETE



Someone I know who ...	Name	Relationship to you
is always immersed in his or her work or studies		
has a lot on his or her plate right now		
is good at drawing the line between work and private time		
maintains a very active life		
slacks off a little too often		
gives everything his or her all		