



READING AND USE OF ENGLISH - PART 5

You are going to read a blog post in which a teenage boy describes his relationship with his parents. For questions 31–36, choose the answer (A, B, C or D) which you think fits best according to the text.

Teenagers and parents – it's the same old story...

Many readers have described the ups and downs of living with teenage children.

This week, we hear from **Barry Davros, 15.**

OK, I'll admit it. Things haven't been so easy at home in the last couple of years. I'd like to think I'm old enough and wise enough to know that it's almost certainly because I'm a teenager now. Teenagers complain to their friends about their parents. And I think we can be pretty certain that the parents do the same about their kids. I argue with mine. We don't talk as much as we did when I was a kid. It's not that this is the way I want it – I'd prefer it if we never argued, but found a way to talk about what was bothering us. That would be so much better, not just for me and my mum and dad, but for any teenager and their family. So I've been reading a lot – books like *The Teenage Brain*, and lots of online stuff. And I'm sure that if people understood more about what goes on inside a teenager's mind, half of the arguments over the dinner table wouldn't even start in the first place. So I'd like to share what I've learnt.

There are so many things that parents have a go at their teenagers for that it's almost impossible to know where to start. So let's just pick mornings. Mornings are for sleeping. For as long as you need to, or at least as long as you can. Every teenager knows that. But not parents – they think that we should get up at 7.30, just because they get up at 7.30, ready for another busy day. So who's right? Well, the science says that an adolescent's body clock isn't programmed in the same way, and is on a schedule about three hours behind that of older adults (that means both going to bed and getting up).

Another 'issue' that parents make a big deal about is tidiness. Clothes dumped on the bathroom floor, an old plate of food under the bed, house keys lost. OK, I admit, I've been guilty of all of these things recently (but at least I owned up!). Sorting stuff like this takes planning, and the way the teenage brain develops means that it's just not our strong point. Sorry! The brain develops a chemical called myelin, and it's created over time. Until it's fully developed in all parts of the brain, it does unfortunately mean that even very bright teens can do really stupid things. So just bear with us guys!

Because as already mentioned, the teenage brain goes through all sorts of changes, sometimes teenagers can get angry. This usually makes parents angry. Which makes us angrier, which... OK, you get the picture. But parents need to understand more about what's going on inside our heads. Like, there might be a perfectly understandable (to us) reason why we don't want to do that maths homework this instant. So, listen parents out there, try and understand! Don't always respond to us by getting angry. Just don't! Calm down, count to ten and think twice. **(line 49)**

Communication. That's a big one. Sure, teens and parents need to hang out together too, not live in separate worlds. But I'm 15, so the topics of conversation I was into when I was 11 don't work for me now. Same for all kids my age. The sooner parents realise that, the better. It's not that we stop loving them **(line 54)**
just because we're in our teens, it's just that we need more space. To grow up and find out who we are.

Here's a tip - if there's something that needs to be discussed, do it on a car journey. Whether it's the whole family together or just two of you, the fact that you're in a car means that you're gazing ahead, rather than staring at each other. For me, it just makes it easier to talk somehow, because I sometimes feel they're judging me or something if they're observing me. Try it. It works. And you heard it from me.

- 31) ***Why shouldn't parents be surprised if their teenagers sleep late?***
- A. Many teenagers find their busy schedule tiring.
 - B. Some teenagers need more hours of sleep than adults.
 - C. Teenagers prefer not to see their parents in the mornings.
 - D. It's natural for teenagers to have different sleep patterns from adults.
- 32) ***In the third paragraph, the writer admits that teenagers tend not to be very***
- A. honest.
 - B. organised.
 - C. confident.
 - D. intelligent.
- 33) ***What does the writer mean when he advises parents to 'count to ten' in line 49?***
- A. don't react too quickly
 - B. repeat what you have said
 - C. find ten reasons for the behaviour
 - D. don't tell teenagers things they already know
- 34) ***What does 'that' refer to in line 54?***
- A. Teenagers need to spend time away from their parents.
 - B. Teenagers love their parents less than they did as children.
 - C. Teenagers want to talk about different things as they mature.
 - D. Teenagers need to spend more time talking to their parents.
- 35) ***Car journeys are a good opportunity to speak because***
- A. the speakers don't need to look at each other.
 - B. the vehicle provides more privacy.
 - C. families can travel somewhere nice together.
 - D. teenagers cannot avoid their parents when they are in the same car.
- 36) ***Why has Barry written this blog post?***
- A. to help families get along better
 - B. to explain why his parents annoy him
 - C. to encourage parents, doctors and teachers to read more about teenagers
 - D. to suggest that it is important for teenagers to be responsible

❑ READING AND USE OF ENGLISH - PART 6

You are going to read an article about sports shoes. Six sentences have been removed from the article. Choose from the sentences A–G the one which fits each gap (37–42). There is one extra sentence which you do not need to use.

Sneakers

Sneakers, or shoes designed mainly for sports and other outdoor activities, are worn in almost every country in the world. Arguably they have become a symbol of globalisation itself.

Yet there are some variations, not least in what they are called. In the US, they have always been 'sneakers', at least ever since the Boston Journal explained it to its readers as being 'the name boys give to tennis shoes' back in 1887. (37)_____. However, in Britain, the word 'trainers' is much more common. Other names include 'daps' and 'plimsolls', which itself dates back to the 1870s. They are also known as 'rubber shoes' in the Philippines, 'tennies' in South Africa, 'running shoes' in Australia and 'canvas shoes' in Nigeria.

During the late 19th century, sneakers were worn by holidaymakers, as well as by sports players on the tennis court. The main advantage of wearing these shoes was that they enabled the wearer to move around quickly. (38)_____ Later designs for sports players made this even more effective by also adding metal spikes which would dig into the ground.

British company JW Foster and Sons produced the first shoes made specifically for running in 1895, and the spikes allowed for greater acceleration and speed. (39)_____ There, runners Harold Abrahams and Eric Liddell won their 100 metre and 400 metre running races while wearing these shoes. Doubtless Foster and Sons were delighted. The fortunes of Abrahams and Liddell were memorably portrayed in the Oscar-winning 1981 film *Chariots of Fire*.

During the 1920s and 1930s, sports became associated with building moral character and raising national pride. Demand for sneakers rose as a result, so manufacturers could afford to make the designs more varied. (40)_____ All around the world, different shoes were also being produced for different sports. In France, a brand called Spring Court

marketed the first canvas tennis shoe, complete with eight little holes for ventilation on the side of their rubber soles.

During the 1950s, people in America and Europe began to have more free time, more leisure opportunities, and often more money to spend. There were great changes in the attitudes and habits of the new generation. (41)_____ Previously, they had simply worn the same things as adults, but in smaller sizes. Dress codes relaxed, and fashion items from sneakers to jeans became more and more popular.

Many were interested in what people such as US pop singer Elvis Presley and sporting heroes were wearing, and then wanted the same for themselves. Now it is common for sports stars to endorse (be seen to recommend) and advertise a particular brand of sneaker: recent examples include tennis ace Roger Federer and basketball star LeBron James. But did you know that this is a longstanding tradition, and that perhaps the best selling sports shoe ever, the Converse All-Star was endorsed by basketball player Chuck Taylor as long ago as 1923?

Sneakers continued to become more and more popular. (42)_____ This made sneakers the cheaper option, which in turn made young people even more likely to buy them instead of an alternative which seemed old fashioned and was more expensive.

- | | |
|---|---|
| A This was one of the main problems with wearing sneakers. | E For perhaps the first time, children and teenagers everywhere were choosing for themselves what to wear. |
| B This was achieved by the use of an engraved piece of rubber on the underside of the shoe, which improved grip. | F They became very popular with athletes, including at the 1924 Olympics. |
| C For example, men's sneakers now became distinct from women's. | G The term is also the standard name in Canada. |
| D In fact, sales grew so much that they negatively affected sales of traditional leather footwear. | |

❑ **READING AND USE OF ENGLISH - PART 7**

You are going to read an article about four people who achieved great things when they were teenagers. For questions 43–52, choose from the teenagers (A–D). The teenagers may be chosen more than once.

Which person

wrote a book?

43	
----	--

found a way to enable people to do something more quickly?

44	
----	--

looked older than he was?

45	
----	--

now visits other countries?

46	
----	--

chose an unexpected career?

47	
----	--

broke a record for raising money?

48	
----	--

was surprised by his own popularity?

49	
----	--

inspired other teenagers to succeed?

50	
----	--

was looked after by a well-known person?

51	
----	--

used feedback to improve an idea?

52	
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Teenage success stories

A Balamurali Ambati, doctor

Balamurali Ambati was clearly very talented as a boy, studied hard at school and did well. Along with his older brother, he co-authored a medical manual aged just 11 aimed at would-be doctors. It was already obvious what he wanted to become – a doctor, and so he worked hard to achieve his dream. He graduated from New York University when he was 13, began medical school when he was 14, attending the Mount Sinai School of Medicine, also in New York. Being very tall (over 1 metre 80 centimetres), he didn't stand out as being different, and so people assumed he was the same age as the other students on his course. He graduated aged just 17, becoming the world's youngest doctor, a record which he still holds. These days, Ambati is now Professor of Neurobiology at the University of Utah, and works as a volunteer with the ORBIS Flying Eye Hospital, practising and teaching in developing nations across the globe.

B Nick D'Aloisio, computer programmer

Aged just 15, Nick D'Aloisio made headlines with the app he created, Trimit, which reduced news content into short summaries that could be processed in much less time than would be needed to process the original text. When his app received funds from Hong Kong, Nick became the youngest person ever to have received investment of this kind. This helped Nick used to identify criticisms of Trimit's using user comments, and then to redesign the app as Sumly, which was released to much praise in December 2011. Since then, he has published academic articles, studied for an Oxford University degree, and continues to develop his business.

C Luka Sabbat, model

When you look at the Instagram feed of model, influencer and internet sensation Luka Sabbat, it's easy to see why he's been called 'the internet's coolest teenager'. When he started using social media, his name spread very quickly. 'For some reason, people were really into me. I don't know why' he says modestly. Even as a toddler, Luka was well connected – his babysitter was high-profile model Lara Stone. For Luka and his career, it seems that the only way is up. He models for top brands and it's not unusual for a picture of him just sitting on a chair to get over 30,000 likes in a matter of minutes. When Luka has something to say, the online world sits up and takes notice.

D Boris Becker, tennis player

The German tennis player came to world attention as an unknown 17-year-old when he became Wimbledon champion in London in 1985. His powerful serve, strength and speed on the court enabled him to beat the South African Kevin Curren, then ranked the world's fifth best men's player. The tennis world had never experienced such an extraordinary result. When Becker was a young teenager, becoming a sporting superstar wasn't really on the cards. 'The plan from my parents for me was to finish school, go to university, get a proper

degree and learn something respectable. The last thing on everyone's mind was me becoming a tennis professional.' But he turned professional at the age of 16, and the rest is history. Becker's success prompted adolescents all over the world to take up the game, hit the ball hard and try to do their very best. Becker now lives in Switzerland.