

»»» Achievements and challenges

1 Choose the correct option (a, b or c) to complete the sentences.

1 You can't get to the top if you don't take _____. a attempts b risks c tasks	5 Why didn't you ____ the offer of a free skydiving course? a risk b reach c take up
2 Nothing beats achieving your _____. a fears b obstacles c dreams	6 Just imagine a teenager ____ to circumnavigate the world alone! a attempting b taking c reaching
3 We have to ____ our problems and not run away from them. a face b achieve c reach	7 Of course you'll ____ difficulties on this trip. a achieve b encounter c fulfil
4 I don't think I ____ my potential as a free diver. a encountered b fulfilled c overcame	8 Jordan was on top of the world when he ____ the summit. a overcame b took up c reached

2 Match the sentence halves.

1 Always check your equipment	a and it worked out well.
2 This is all about	b overcoming difficulties.
3 He did exceptionally well even though he failed this time, so	c risk my life by jumping off a cliff?
4 I took a chance	d rock climbing.
5 She faced her fear of heights and went	e so you won't encounter problems with your ropes on the way down.
6 Do you think I'm going to	f did you have to overcome?
7 If you don't attempt difficult tasks,	g I'm sure he will achieve his goals in the end.
8 What obstacles	h you can't get to the top.

3.- Complete the phrases with the words from the box.

bench - fight - globe - Kayaking - routine - shoulder - skyscraper - wave.

1. ride a
2. put up a
3. circumnavigate the
4. tap someone on the
5. rehearse a new dance
6. sit on a
7. abseil down a
8. love going

