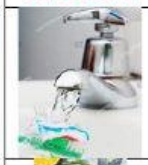
NAME:_____ DATE:_____

MINERALS

IODINE		FORMATION OF RED BLOOD CELLS
CALCIUM	ANEMIA	SODIUM
	GOOD NERVE IMPULSES	STRONG TEETH AND BONES
	TOOTH DECAY	PROPER METABOLISM
FLUORINE	STRONG TOOTH ENAMEL	LIVER
IRON	GOITRE	RICKETS
SPINACH	PHOSPHORUS	MUSCLE CRAMPS

Drag the information to the correct spaces to complete the table below. Enter the names of the minerals in **ALPHABETICAL ORDER** on the table to get them correct.

MINERAL	SOURCES	USES	DEFICIENCY DISEASE
	MILK CHEESE DAIRY PRODUCTS		RICKETS
		STRONG TEETH AND BONES	

LIVEWORKSHEETS

Calcium
Phosphorus
Iron
Iodine
Sodium
Fluorine

LIVEWORKSHEETS