📖 Reading Text

Technology in Our Lives

Technology is all around us every day. Technology means using science and engineering to make tools and machines that help us. It makes our lives easier and helps us do things faster.

We use many types of technology at home and at work. Mobile phones help us talk to friends and family. Computers let us send emails and search for information on the internet. Cars help us travel long distances quickly. In the kitchen, we use microwaves to heat food and washing machines to clean our clothes.

Technology helps us in many ways. Doctors use special machines to help sick people get better. Teachers use interactive whiteboards to make lessons more interesting. GPS systems in cars help us find our way to new places. Online banking means we can check our money without going to the bank.

Technology keeps changing and improving. New inventions are made all the time. Smartphones today can do much more than phones from ten years ago. As technology gets better, it continues to make our daily lives easier and more connected.

Instructions: Read the text carefully and choose the correct answer.

Question 1. What devices do people use every day?

- Smartphones, computers and tablets.
- Televisions and radios.
- Cameras and printers.

Question 2. How does technology help students?

- It helps them sleep all day.
- It helps them study and complete homework.
- It helps them avoid learning.

Question 3. What can students use to practice English?

- Different applications.
- Only video games.
- Only television.

Question 4. What can happen when people spend too much time in front of screens?

- They become stronger.
- They sleep better.
- Their eyes and sleep can be affected.

Instructions: Read the sentences and write TRUE or FALSE.

1. Technology helps people communicate with friends and family. | True | False |
2. Students cannot use technology to learn English. | True | False |
3. People should take breaks when using screens. | True | False |

LIVEWORKSHEETS

Instructions: Match the words with their correct definitions.

1. Smartphone	a. A global network used to find information and communicate.
2. Internet	b. A program designed to perform a specific task.
3. Application	c. A mobile phone with advanced digital functions.

LIVEWORKSHEETS