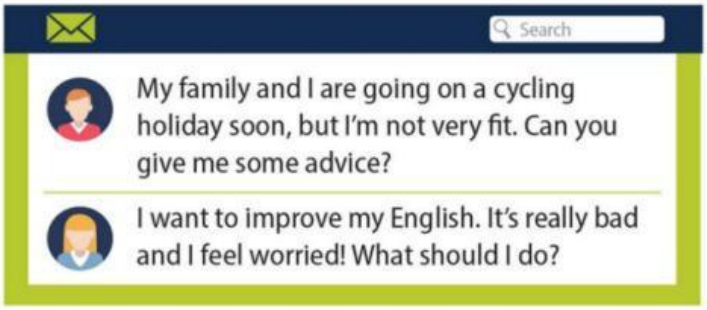
SPEAKING

1 **Look at the questions on an internet chat page. The people are all asking for advice.**



In pairs, think of three pieces of advice for each person.

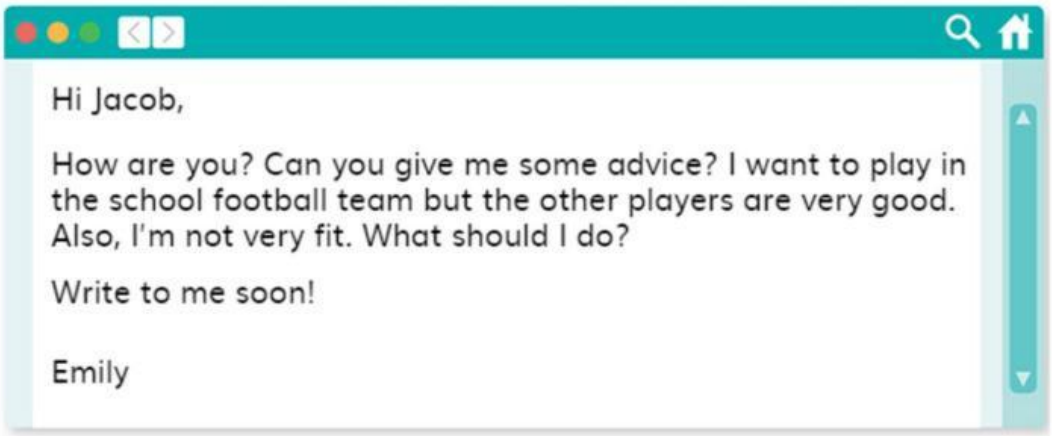
This person should/shouldn't …
Another idea is to … It's important to …

2 **Compare your ideas with another pair's ideas. Who gave the best advice?**

WRITING

An email giving advice

1 **Read the email from Emily to her penfriend Jacob. What does Emily want?**



LIVEWORKSHEETS

2 Complete Jacob's answer to Emily's email with the words in the box.

exercise football gym healthy park running



Hi Emily,

I think you should do some [1] _____. You should go [2] _____ every day and go to the [3] _____ in the sports centre. You need to practise [4] _____ so you should go to the [5] _____ and play with your friends. You should also eat [6] _____ food, like fish and vegetables!

Jacob

3 Read Jacob's email again and answer the questions.

1 How often should Emily go running?

_____

2 Where should she go in the sports centre?

_____

3 Who should she play football with?

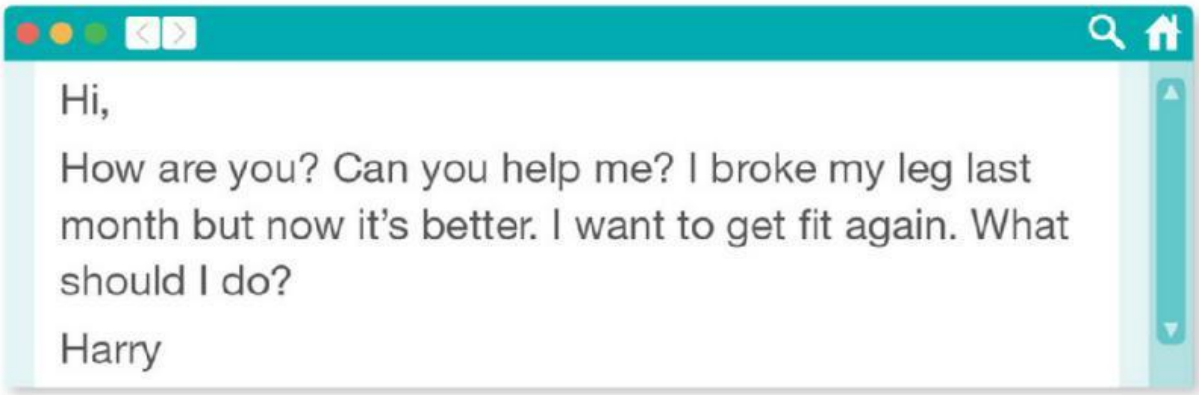
_____

4 What should she eat?

_____

LIVEWORKSHEETS

4 **Read the email from your friend Harry. Write an answer to him. Write about 50 words.**



Hi,

How are you? Can you help me? I broke my leg last month but now it's better. I want to get fit again. What should I do?

Harry



Hi Harry,

.....

.....

.....

.....

.....

.....

GRAMMAR

3 **Choose the right word to complete the conversations.**

1 **A:** My friends failed their exams. What should they do?

B: They *should* / *shouldn't* study more.

2 **A:** Should I take this medicine?

B: No, you *should* / *shouldn't*.

3 **A:** I want to make some new friends. Should I join a club?

B: Yes, you *should* / *shouldn't*.

4 **A:** I've got a cold.

B: You *should* / *shouldn't* put on a jumper.

LIVEWORKSHEETS

5 **A:** Should my brother buy a fast car?

B: He *should* / *shouldn't*. They are very expensive.

6 **A:** I'm going to a party tonight. What *should* / *shouldn't* I wear?

B: What about your new dress?

7 **A:** I want to get fit. Should I do more exercise?

B: Yes, you *should* / *shouldn't*.

8 **A:** My leg hurts. Should I enter the race?

B: No, you *should* / *shouldn't*.

4 Complete the sentences with the words in brackets in the correct form.

1 It's my mum's birthday next month. What _____ (should / buy) her?

2 He feels tired. _____ (should / go) to bed early.

3 I've got an exam tomorrow. _____ (should / go) out tonight?

4 My brother and sister don't know what to do at the weekend. _____ (should / have) a party?

5 To be healthy, you _____ (should not / eat) lots of chocolate.

6 To improve your English, _____ (should / study) every day.

7 I've hurt my leg. What _____ (should / do)?

8 Do you feel sick? _____ (should not / eat) lots of cake.

LIVEWORKSHEETS