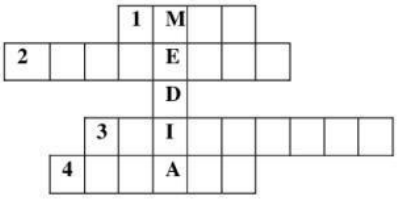
INSTITUTO CAMBRIDGE – MODELO 2026

NAME:	SUPERIOR	
A B	2	TIME: 2 hours
FINAL MARK	SET	

PART A

WRITE THE WORDS USING THESE CLUES.	4 x 0.25 = 1 mark



1) To attack someone and rob them in a public place.
2) To straighten your arms or legs to full length.
3) A person who illegally takes control of a plane, bus, etc.
4) Shops, cinemas, hotels owned by the same person/company.

COMPLETE THE TEXT BELOW WITH THE CORRECT TENSE, VOICE OR FORM OF THE VERBS IN BRACKETS.	10 x 0.30 = 3 marks

Many world records that many people believed would last for decades 1) (break) _____ by Usain Bolt, widely regarded as the fastest man in history. Born in Jamaica in 1986, Bolt 2) (show) _____ a promising career at a young age.

By the time he 3) (turn) _____ fifteen, he 4) (already/compete) _____ internationally, going up against some of the best young athletes in the world.

In 2008, at the Beijing Olympics, he 5) (win) _____ a gold medal in the 100m and 200m sprints, short distance running races that require explosive speed, setting new world records in both events. As well as winning, he also made it look effortless, often celebrating before reaching the finish line.

Since then, Bolt 6) (become) _____ a global icon - not just for his athletic achievements, but also for his charisma and humility. If he hadn't pursued athletics, Usain 7) (be) _____ a professional cricketer or footballer, he often joked. After he retired in 2017, Bolt has tried several activities, including music and business.

People still talk about the way he dominated sprinting events. He 8) (remember) _____ not only as a record-holder, but as someone who inspired a whole generation. If future athletes hope 9) (excel) _____ beyond him, they had better 10) (combine) _____ talent, discipline, and determination - just as Bolt did.

LIVEWORKSHEETS

CIRCLE THE CORRECT OPTION a, b or c TO COMPLETE THE BLANKS.	**6 x 0.25 = 1.5 mark**

1-	The singer denied _____ with the band members.	a) to argue	b) arguing	c) argue
2-	_____ explanation is possible - they both make sense.	a) Neither	b) Either	c) All the
3-	I earn $15 _____ hour as a supermarket cashier.	a) —	b) the	c) an
4-	I'm used to _____ the dishes after I finish dinner.	a) do	b) doing	c) done
5-	I'd prefer _____ to bed late tonight.	a) not to go	b) not go	c) not going
6-	_____ the baby on the bed, please.	a) Lay	b) Lie	c) Lain

REWRITE THESE SENTENCES. *Use the words in brackets without changing them.*	**7 x 0.5 = 3.5 marks**

1- I must buy Tom a present - don't let me forget. (REMIND)

_____

2- "Yes, I lost the keys!" Daniel said. (ADMITTED)

_____

3- I need a plumber to repair my kitchen sink. (HAVE)

_____

4- Experts say the Egyptians Pharaohs wore clothes made of gold. (SAID)

_____

5- Though the police know the identity of the attacker, they haven't released a name yet. (DESPITE)

_____

6- I'm training five days a week because I want to run a marathon in the spring. (SO THAT)

_____

7- I'm certain Bob hasn't left because his bike is here. (CAN'T)

_____

LIVEWORKSHEETS

READING. *Read this article and do* ***Tasks A*** *and* ***B.***	**5 x 0.2 = 1 mark**

FOOD FADS

In recent years, food fads have become increasingly common, often spreading quickly through social media and popular culture. A food fad is a temporary trend where certain food items or eating habits suddenly catch on. **A.** _____.

One widespread example is the plant-based diet, which many followers have adopted due to concerns about health, the environment, and animal welfare. While increasing plant consumption can be beneficial, some people adopt extreme versions of this diet without understanding how to get all the necessary nutrients. Another popular fad is juice cleansing, where individuals consume only fruit and vegetable juice for several days in an attempt to detoxify or "cleanse" their bodies by removing toxins. Although this may lead to short-term weight loss, experts argue that it lacks essential fibre and protein, and the effects rarely last.

Gluten-free diets are also fashionable, even among those without gluten intolerance or celiac disease. While these products are essential for some, they're not automatically healthier. **B.** _____. Other fads, such as raw food diets or cutting out all carbohydrates, may cause nutritional imbalances if followed too strictly.

Many people are drawn to food fads because they promise quick results or seem trendy. **C.** _____. A balanced, varied diet combined with regular physical activity remains the most reliable path to long-term health.

Ultimately, while food fads may be interesting to explore, making informed and sustainable choices is far more beneficial than following the latest fashion.

Task A: *Complete gaps* ***A, B, C*** *with the corresponding phrase from 1 to 5. There are two extra phrases.*

1- However, it's important to approach them critically.

2- They are rich in fibre and help reduce sugar levels in blood.

3- They usually have no strong scientific evidence to support their health benefits.

4- In fact, processed gluten-free items can be high in sugar or fat.

5- Additionally, people want to adopt eating habits they didn't use to have.

Task B: *For each of the underlined words in the text, choose the best meaning* ***a)*** *or* ***b).***

6-	**catch on**	a) disappear	b) become popular
7-	**drawn**	a) confused	b) attracted

LIVEWORKSHEETS

PART B

WRITING	10 marks

Write one composition using 140 to 190 words. Choose either option A or option B and circle the letter corresponding to your choice.

A- Write an ***ESSAY*** giving your opinion on the following topic: *"Cash will completely disappear in ten years' time."* Do you agree?

B- You are a member of the student club at your university. The club secretary has asked you to write a ***REPORT*** on the new 10-screen cinema complex in your neighbourhood. Describe the cinema, its facilities, and say whether you think it is suitable for the residents of your town/city.

LIVEWORKSHEETS