Reading Passage: Peru grows some of the healthiest superfoods in the world! In the Andes, farmers harvest quinoa, a grain rich in protein. People usually cook some quinoa for soup or salad. In the central highlands, maca roots grow in cold weather; many families add a little maca powder to warm milk. Meanwhile, in the Amazon rainforest, camu camu trees produce small sour fruits that contain a lot of vitamin C. Eating fresh superfoods gives students energy to study and play!

Interactive Self-Grading Items: Part A (Reading True/False): 1. Quinoa grows in the Amazon rainforest. (False) | 2. Families add a little maca powder to warm milk. (True) | 3. Camu camu contains a lot of vitamin C. (True). Part B (Grammar Fill-in-the-Blanks): 1. There is _____ (some / many) quinoa in the bowl. [Answer: some] | 2. How _____ (much / many) camu camu fruits are on the table? [Answer: many] | 3. She drinks _____ (a little / a few) maca juice every morning. [Answer: a little].

LIVEWORKSHEETS