Exercise 4: Match the words and phrases with their definitions.

keep in shape - mental health - surgery - natural treatment - getting a prescription - cure - treating the symptoms - going for a check-up - blood test - recover - vitamins

1. Stay fit and healthy.

2. Have an appointment with a doctor to examine your health.

3. Get a piece of paper from a doctor that says the type of medicine you need.

4. Make someone with an illness healthy again.

5. When a doctor cuts open someone's body to remove or repair something.

6. Something natural that is done to someone to make them feel better.

7. Give medical care to someone.

8. A change in the body that shows you are unwell.

9. Get well again after being ill.

10. When doctors check your blood to see if you have a disease.

11. How you feel in your mind.

12. Eat things that help keep the body healthy.

Exercise 6: Complete the unusual medical statements with the words below. There are two words that you do not need.

blood test – cure – check-up – prescription – recover – surgery – treat – vitamin

1. There is more _____ C in a potato than there is in a lemon.

2. In 2020, Martin Newbonce of Kansas City, USA, became the first man to have _____ to remove and replace his head after he was badly injured in a car accident.

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3. Eating yoghurt can _____ bad breath because the natural good bacteria in the yoghurt can kill the bad bacteria in your mouth.

4. When 23-year-old Nina Mariani had a routine _____ in 2015, doctors were shocked to find it contained 15% Coca-Cola. Ms Mariani had drunk nothing but the fizzy drink for the last fifteen years.

5. In Singapore, the only way to buy chewing gum is by getting a _____ from your doctor.

6. A popular _____ for anxiety in the 18th century was for a patient to hold a snake for an hour.

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