Task 2: Fill in the blanks to make phrases from the dialogue with the following meanings.

PHRASES	MEANINGS
1. full of _____	having the and enthusiasm we for physical and mental activity
2. bad _____	things we often do that are not good for our health.
3. _____ exercise	physical and mental activity that we do frequently to ptay healthy.
4. _____ diet	the correct types and amounts of food that we need to stay healthy

LIVEWORKSHEETS