1. Write the words in bold next to the definitions
   a. I always feel sad and tired in winter. I don't know what the best **therapy** would be.
   b. I've got some sore throat. What's the best **treatment** for that.
   c. My friend wants me to go cycling with her tomorrow, but I fell off my bike yesterday and I've got a small **wound** on my leg.
   d. Do you know most accidents **occur**, and should I avoid those places?
   e. My friend wants to meet me today, but he's got a cold and I don't want to be **infected**.
   f. I don't think I have a good **balance** of things in my life. For example, I spend more time working than with my friends
   g. I'm thinking of installing a new fitness app on my phone, but I know it will collect a lot of my health **data**
   h. I hurt my shoulder recently when I was playing tennis, and it still hurts. It's taking me a long time to **recover**

(v) to happen	
(v) to become completely well again after an illness or injury	
(n) a damaged area of your body	
(adj) having an illness as a result of organisms such as bacteria or viruses entering the body	
(n) a course of action that helps somebody feel happier or better over time	
(n) information, especially facts or numbers	
(n) something that you do to try to cure an illness or injury, especially something suggested by a doctor	
(n) a state where things are equal and feel natural	

LIVEWORKSHEETS