Part 1: Reading Comprehension

Can You Live Without Your Phone?

Many teenagers use smartphones every day. They use them to chat with friends, watch videos, play games, and study English. Smartphones make life easier and more convenient.

However, using smartphones too much can cause problems. Some students spend too much time online and do not get enough sleep. They may also have less time to talk with their families.

Technology is useful, but we should use it wisely. Spending time with people in real life is also important.

Answer the questions.

1. What do teenagers use smartphones for?

2. How do smartphones make life easier?

3. What problems can happen when students use smartphones too much?

4. Why should we use technology wisely?

5. Do you think teenagers spend too much time on their phones? Why?

Part 2: Think and Write : My Smartphone Habits

Complete the sentences.

1. I use my smartphone for _____.

2. My favorite application is _____.

3. I spend about _____ hours a day on my phone.

4. One good thing about smartphones is _____.

5. One bad thing about smartphones is _____.

6. I want to reduce my phone time because _____.

LIVEWORKSHEETS