13 HEALTHY BODIES

ABOUT YOU

09 **Watch the video. Then ask and answer the questions in pairs.**

What was your last health problem?
When did it happen?
What did you do?

VOCABULARY AND LISTENING

Illness

1 **Match the sentences to the photos.**

I've got a **cold**.
I **hurt** my leg.
I've got a **broken arm**.
My eye **hurts**.
I feel **sick**.
I've got a **stomach ache**.
I've got **a temperature**.
I've got **toothache**.
I've got **a pain** in my foot.
I've got **a headache**.



95 **Listen and check. Then repeat.**

LIVEWORKSHEETS

96 **2** **Listen to three conversations. Match the health problems to the people in the pictures.**

	A	B
1	○ 	○ 
2	○ 	○ 
3	○ 	○ 

96 **3** **Listen again. Match the advice to the health problems in Exercise 2. Write *1*, *2* or *3*.**

don't do any sports ___

eat fruits and vegetables ___

don't watch TV late ___

go to hospital ___

don't walk ___

rest ___

go to sleep now ___

drink a lot ___

4 **In pairs, discuss the questions.**

1 Do you do anything that is bad for your health?
2 How do you want to change it?

I play computer games for three hours a day.
I'd like to play more sport.

LIVEWORKSHEETS

1 Put the letters in *italics* in the correct order to complete the sentences.

1 Jason can't play tennis because he's got a *nkerbo* _____ arm.

2 My mum had a *dcehaaeh* _____ so she stayed at home.

3 I need to go to the dentist because I've got *tocaothhe* _____.

4 I can't eat because I've got a *moahcts heca* _____ _____.

5 I've got a *ldoc* _____ today so I'm going to stay at home.

6 My ears *rtuh* _____ because it's so cold.

7 She ate a lot of cake and now she feels *iskc* _____.

8 My sister's got a *pmetaerrute* _____ so she's in bed.

9 Did you have a *npia* _____ in your arm after you fell?

2 Complete the sentences with the words below.

broken	headache	toothache	stomach ache	cold
hurt	sick	temperature	pain	

1 A: Do you want to go swimming this afternoon?

B: Sorry, I can't. I've got _____. I think I need to go to the dentist.

2 OK. Let's see. Oh! 37.5 degrees! You've got a high _____.

3 A: What's the matter?

B: I feel _____ and I've got a _____. I think I ate something bad.

4 A: Why are you walking slowly?

B: I've got a _____ in my foot.

5 A: Does your arm _____ when I touch it?

B: Ow! Yes.

A: I think you've got a _____ arm.

LIVEWORKSHEETS

3 Choose the correct words to complete the sentences.

1 I went to the doctor because I had a _____ in my stomach.

2 Your head feels hot. Have you got _____ ?

3 I can't play rugby for six weeks because I've got a _____ .

4 I don't want to eat anything because I _____ sick.

1 Complete the sentences with the correct illness words.

1 He's got a *c* o l *d*.
2 I feel _ i _ _.
3 My back _ u _ _ _.
4 She's got a _ _ o _ e _ _ r _.
5 I _ u _ _ my leg.
6 She's got a _ o o _ _ a _ _ e.
7 I've got a _ _ o _ a _ _ a _ _ e.
8 I've got a _ e a _ a _ _ e.
9 I've got a _ a i _ in my stomach.
10 Has she got a _ e _ _ e _ a _ u _ e?

2 Complete the health phrases with the words in the box.

~~a race~~	a rest	fit	healthy	some exercise
some exercises in a gym	well			

1 enter / do *a race*
2 get / do .....
3 feel / stay .....
4 have / take .....
5 do / try .....
6 eat / sleep .....
7 get / keep .....

LIVEWORKSHEETS