CONNECTIVITY 3 – UNIT 4

Listening

Listen to four conversations between doctors and patients. Then complete each statement.

- **Conversation 1**: The patient lost _____when she was eating _____.
- **Conversation 2**: The patient has _____. She needs to take _____.
- **Conversation 3**: The patient needs _____ of his _____.
- **Conversation 4**: The patient would like to try _____ for pain in her _____.

Listen to three conversations between a doctor and patient. Choose the correct word or phrase from the box to complete the information. There are three extra choices.

cold tablet | cough medicine | feel nauseous | feel tired | ointment | once a day | three times a day | twice a day

- **Conversation 1**
  1. Medication: _____
  2. Dosage: _____
- **Conversation 2**
  3. Medication: _____
- **Conversation 3**
  4. Medication: _____
  5. Side effects: _____

Look at the pictures. You will hear four recordings. Choose the letter (A, B, C, or D) of the recording that best fits each picture.



A ☐
B ☐
C ☐
D ☐



A ☐
B ☐
C ☐
D ☐

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A ☐
B ☐
C ☐
D ☐



A ☐
B ☐
C ☐
D ☐

Vocabulary

Choose the correct medical procedure to complete each sentence.

1. I think my son broke his arm when he fell off his bike. He's having (**a dental examination / a shot / an X-ray**) now.
2. Hospitals make me nervous. I hope I don't need (**surgery / a filling / an eye test**).
3. If you have a rash, you can use (**an antacid / cough medicine / an ointment**).
4. If you have a headache, you can take (**a painkiller / eye drops / a vitamin**).
5. If you have a runny nose, you can use (**an antibiotic / a nasal spray / cough medicine**).

Choose the correct symptom or condition from the box to complete each sentence. There are two extra choices.

nauseous | have a rash | have a bruise | sneeze | swollen

1. I _____. I think I'm going to throw up.
2. Achoo! Sorry, I have to _____ a lot today. My nose is all red.
3. Ow! I bumped my leg on the table. I think I'm going to _____.

GRAMMAR

Imagine it's now 8:00 P.M. Read Josh's to-do list. Then complete the statements using the past perfect, already, and yet.

Josh's Schedule (Tuesday, November 8)

- **8:00 – 9:00 A.M.**: Call dentist. Confirm 4:00 P.M. checkup.
- **10:00 A.M.**: Drop off Danny's books at library.
- **11:00 A.M.**: Pack bags for flight.

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- **12:00 P.M.**: Drop by clinic. Pick up prescription for antihistamine.
- **1:00 P.M.**: Meet Raquel for lunch.
- **2:00 – 3:00 P.M.**: Call limo company to reserve airport limo for 5:15.
- **4:00 P.M.**: Dentist.
- **5:00 P.M.**: Take bags outside for airport limo pickup at 5:15.
- **6:00 P.M.**: Text mom from airport lounge.
- **7:00 – 9:00 P.M.**: Take Jersey Airlines flight 006.

1. At 8:30 A.M., Josh _____ the dentist, but he _____ Danny's books.
2. By 10:45, he _____ the books, but he _____ his bags for the flight.
3. By 12:15, he _____ the clinic to pick up the prescription, but he _____ Raquel for lunch.
4. At 1:30, he _____ Raquel for lunch and they had eaten, but he _____ the limo company.
5. By 1:45, he still _____ the limo company.
6. By 4:30, he _____ the limo company and he _____ the dentist.
7. By 7:15, he _____ his mom, and he _____ the flight.

Circle the correct word or phrase to complete each statement.

1. I'm coughing so much. I wish I (**don't have to / didn't have to**) go to class today.
2. Morgan hurt his foot. I'll bet he wishes he (**didn't go / hadn't gone**) running yesterday!
3. It's snowing! They wish they (**would have checked / had checked**) the weather report before they left this morning.
4. I wish I (**can / could**) find someone to give me acupuncture for my backache.
5. I wish everyone (**stopped / would stop**) telling me to see the doctor. I feel fine!
6. Kate wishes her dentist's office (**wouldn't be / weren't**) so far from work. She'd like to see the dentist on her lunch hour.

Complete the sentences with right tenses and forms of the verbs in parentheses.

1. The nurse _____ my son his shot by the time the doctor came in. (give)

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2. Before he started feeling nauseous, he _____ a large lunch. (eat)
3. By the time I called the dentist's office, they _____. (close)
4. She said she _____ for an hour before her knee started hurting. (run)
5. My sister said her French test was really hard. She _____ more for it. (study)
6. You've had that terrible headache for days. I wish _____some rest. (you / get)
7. My son can't sleep because he's coughing so much. I wish _____ some cough medicine! (he / take)
8. I have a stomachache. I _____ so much at breakfast. (not eat)

Reading

Read the article. Then read each situation. Choose whether the patient needs preventive care or curative care.

Integrative Medicine: Better at Maintaining Good Health or Treating Health Problems?

Conventional Western medicine has made important progress in treating many diseases, health conditions, and injuries. However, the majority of the world's population also uses alternative approaches to health care. Some of these approaches include changing diet and nutrition, taking vitamins, doing certain exercises, doing yoga, meditating, or getting acupuncture or massage therapy.

While more research is needed to help establish the effectiveness of alternative medicine, studies show that patients are happy with this combined approach. As a result, it is becoming more common for doctors and clinics to practice "integrative" medicine, which combines conventional and alternative approaches to health care. In these cases, the doctors can monitor their patients' use of all their therapies.

Studies indicate that doctors in most Western countries are still most comfortable turning to integrative medicine for preventive care. They see clear value in maintaining good health in order to prevent health problems. For example, doctors might recommend vitamins and dietary changes to achieve good nutrition and to reach or maintain a healthy weight. They may recommend yoga, Tai Chi, and other exercises to build flexibility, balance, and strength that can help older adults avoid falls and the injuries that come with them. Doctors may also recommend massage therapy for athletes to help prevent sports injuries.

However, when it comes to curative care–treating specific health conditions, diseases, and injuries–doctors in most Western countries still favor conventional medicine. When a patient comes in with a physical injury,

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a recent illness, a serious disease like cancer, or a condition like shortness of breath or coughing that has lasted years, most Western doctors and clinics will turn to scientifically tested conventional treatments. Many doctors feel that more research is needed to support the benefits of integrative medicine for both preventive and curative care.

Questions:

1. Your blood test shows that you don't have enough of certain vitamins in your blood.
    - [ ] A. Preventative care
    - [ ] B. Curative care
2. You fell and broke a bone.
    - [ ] A. Preventative care
    - [ ] B. Curative care
3. You feel dizzy and have shortness of breath.
    - [ ] A. Preventative care
    - [ ] B. Curative care
4. Your muscles are weak. You have a high risk of falling down.
    - [ ] A. Preventative care
    - [ ] B. Curative care

Read the statement. Put a checkmark next to the best reply (A, B, or C).

1. I have a stomachache.	**A** ☐ You need an antibiotic. **B** ☐ You need a vitamin. **C** ☐ You need an antacid.
2. I have a pain in my foot.	**A** ☐ Maybe you need an X-ray. **B** ☐ Maybe you need a blood test. **C** ☐ Maybe you need a shot.
3. I've been sneezing all morning.	**A** ☐ You need some eye drops. **B** ☐ You need some cold tablets. **C** ☐ You need some cough medicine.
4. Look at the red spot on my arm.	**A** ☐ There's a decongestant for that. **B** ☐ There's an ointment for that. **C** ☐ There's an antihistamine for that.
5. My back has been killing me lately.	**A** ☐ You need a pain killer. **B** ☐ You need a nasal spray. **C** ☐ You need dietary support.

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Read each statement. Determine whether it was said by A Doctor (A) or A Patient (B).

Example: I'm sick.	**A** ☐ A doctor **B** ☑ A patient
6. I'll give you a prescription.	**A** ☐ A doctor **B** ☐ A patient
7. I've been feeling dizzy for several days now.	**A** ☐ A doctor **B** ☐ A patient
8. There are no side effects you need to worry about.	**A** ☐ A doctor **B** ☐ A patient
9. I'll send you for an X-ray.	**A** ☐ A doctor **B** ☐ A patient
10. My eye really hurts.	**A** ☐ A doctor **B** ☐ A patient
11. Over-the-counter medication will be good for you.	**A** ☐ A doctor **B** ☐ A patient
12. Take one tablet after breakfast and a second tablet after dinner.	**A** ☐ A doctor **B** ☐ A patient

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