Unit 5 Teenage Angst

1 Read the three letters below from teenagers to a problem page Auntie. Then discuss the questions below.

a What is each teenager worried about?

b In groups, discuss what advice you would give the writer of each letter.

A Dear Auntie,

I'm a 16 year old boy and generally I enjoy my life. I'm good at my schoolwork and I get on well with most of my classmates.

However, things change when I play football with my friends. They are crazy about football. But I don't enjoy it at all. I make lots of mistakes. I'm also a bit overweight so I can't run as fast as my friends. Most of the time, my friends laugh and forgive my mistakes. But sometimes they get really angry with me.

I know this problem will happen many times. What can I do?



Yours,
Nabil

B Dear Auntie,

I'm very worried about my schoolwork. I used to be an excellent student and I always got good grades. But now my marks have dropped in almost every subject. My teachers keep telling me that I can do better. My parents say the same thing.

The problem is my homework. I know that I don't spend enough time on it. But I find it very difficult to concentrate on my homework for more than a short time. I get distracted very easily. And when I sit in front of my computer, I get a headache.

I'm under a lot of pressure from my parents to do well. Please help me!



Yours,
Taha

C Dear Auntie,

My parents keep telling me to decide what career I want. I'm only 15 and I think it's too early to make a decision. I just want to focus on my schoolwork and exams right now.

My father is a doctor and he wants me to be a doctor too. But I'm not interested in medicine. I'm more interested in art. Recently I saw a TV programme about fashion designing. Now I want to go to Italy and train to be a fashion designer.

How can I make my father understand my career interests? And if I decide to be a fashion designer, how can I achieve my dream?



Yours,
Munira

Adapted from letters to Khala Zaitoona, Youth Observer

LIVEWORKSHEETS