

VOCABULARY AND GRAMMAR

1 Choose the correct options.

- I've never been *allergic* / *ill* / *dizzy* to dust.
- Tim's had an awful *sick* / *chest* / *cough* for two weeks.
- An indoor skating *ring* / *rink* / *pool* has been built in our town.
- When they saw Sarah *pass* / *hang* / *find* out during the match, they called an ambulance.
- By the time Mark *suffered from* / *worked out* / *got over* the indigestion, he hadn't eaten anything.

2 Complete the sentences with the correct form of the words in capitals.

- We should use public transport to reduce air _____. **POLLUTE**
- Centuries ago people could drink _____ water from streams and rivers. **PURIFY**
- There are a lot of _____ about too much noise in the city centre. **COMPLAIN**
- My doctor has got a lot of patients because she is really _____. **SUPPORT**
- Chris has to make an important _____ about which team he wants to play for. **CHOOSE**

3 Complete the second sentence so that it has a similar meaning to the first. Use the correct forms of past tenses.

- I had a fast heart rate for three days, so I went to see my doctor.
Before I _____ to see my doctor, I _____ a fast heart rate for three days.
- The doctor advised Helen to lose weight, so she started to work out in the gym.
Helen _____ to work out in the gym after the doctor _____ her to lose weight.
- The teacher figured the problem out and then everybody arrived.
By the time everybody _____, the teacher _____ the problem out.
- Josh ate a piece of nut cake and came out in spots.
After Josh _____ a piece of nut cake, he _____ in spots.
- Gustave Eiffel created hundreds of metal constructions all around the world. He died in 1923.
Before Gustave Eiffel _____ in 1923, he _____ hundreds of metal constructions all around the world.

4 Complete the second sentence so that it has a similar meaning to the first. Use Reported Speech.

- 'I feel ill,' said Eva. Eva said _____.
- 'Every visit to the dentist makes me feel stressed', said Ann. Ann said that _____.
- 'Steve joined in the race', said Jo.
Jo told me that _____.
- 'People in the capital city are wearing face masks today', said the minister.
The minister said that _____ that day.
- 'I didn't go out last night', she said.
She said _____.

USE OF ENGLISH

5 Choose the correct answer, A, B or C.

- X: My left knee hurts and I can't walk fast.
Y: When ____?
A the knee hurt you
B you had a pain
C did the pain start
- X: Dr Willson's surgery. What can I do for you?
Y: I'd like to ____ for tomorrow morning.
A make an appointment
B see a doctor
C have a meeting
- X: Mum, can I stay at home today? I don't feel well.
Y: OK. But you'll have to ____ the schoolwork.
A fall behind
B catch up on
C get on with
- X: Jeff, do you remember that we need to make some decisions about the project?
Y: Can we ____ tomorrow? I'm in a hurry.
A talk it over
B give it up
C hand it in
- X: I'd like to know your opinion about social media.
Y: ____ social media is very powerful in influencing people's opinions.
A On the other hand
B Personally, I believe that
C Therefore
- X: Carl can't play basketball since the injury.
Y: I've heard he's going to ____ swimming. It's safe for him.
A take up
B pass out
C turn up

6 Choose the answer, A, B or C that is closest in meaning to the underlined words.

- I don't have much time to hang out with my friends.
A spend time B do sports
C discover new places
- Daria's been in our group for two weeks and she's fitted in already.
A she's made new friends B she's been accepted
C she's become the group leader
- The government figured out why there was so much air pollution.
A discussed B understood C reported
- Doing some aerobic activities will help you reduce anxiety.
A body weight B allergy C nervousness
- Exhaust fumes from vehicle engines cause great damage to the environment.
A dust storms B smog particles C waste gases

LISTENING

- 7  3.43 Listen to six speakers. For questions 1–6 choose the correct answers A–C. Listen to the recording twice.

- The conversation takes place:
 - at a health centre reception
 - in a hospital corridor
 - in a doctor's surgery
- The speaker is:
 - the Town Mayor
 - a doctor
 - a radio presenter
- How will the boy get home?
 - by bus
 - by car
 - on foot
- The woman is:
 - explaining something
 - supporting someone
 - asking people to do something
- How much time do young people spend on social networking sites?
 - three hours a day or more
 - fifteen hours a day
 - all day long
- The text does not mention:
 - where the place is located
 - where the visitors can stay
 - how the temperature is kept constant inside

SPEAKING

- 8 Match the two halves of the questions. Then, in pairs, ask and answer the questions.

- Would you like to be
 - Do you use
 - What qualities do you need
 - What would you do
- to be a doctor?
 - food apps? Why?/Why not?
 - if you wanted to lose weight?
 - a professional sportsperson? Why?/Why not?

- 9 Do the task in pairs.

Look at Posters A and B.

You are on a scholarship in a school in England for a few months. The authorities of the city you're staying in want to organise a campaign promoting a healthy lifestyle to accompany World Health Day. You are taking part in a survey to decide which poster is better for the campaign.

- Choose the poster which you think is more suitable for the campaign and explain why.
- Explain why you rejected the other poster.



- 10 Ask and answer the questions.

- Does social media help its users have an active lifestyle? Why?/Why not?
- Why are food apps so popular?
- What could you do to make your diet healthier?
- What could we do to make the air less polluted?

WRITING

- 11 Read the writing task. In what order should the information be presented?

You've read an article in an English-language magazine in which the author criticises young people's eating habits. Write a reader's comment on an Internet forum. Include the following information:

- present your opinion and arguments behind it
- explain what article you are referring to
- encourage other readers to join in the discussion
- present the article writer's views

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- 12 Do the writing task in Exercise 11.