

GROWING UP: WHAT'S CHANGING?

B1 TEENS • HOMEWORK • GRAMMAR + WRITING

Name: _____ Date: _____

01 Choose the correct form

Circle the correct option. Think about whether the sentence describes a general fact or a change happening over time.

1. My brother gets / is getting more responsible these days.
2. I usually spend / am spending my weekends with my friends.
3. My interests change / are changing as I grow older.
4. My best friend is / is becoming very shy by nature.
5. School gets / is getting more stressful this year.
6. We don't watch / aren't watching TV very often.
7. More teenagers use / are using online tools for homework these days.
8. I become / am becoming more confident when I speak English.

02 Complete the sentences

Use the Present Continuous form of the verbs in brackets.

1. My sister _____ (become) more independent.
2. My classmates _____ (get) better at teamwork.
3. I _____ (spend) less time playing games these days.
4. Our school _____ (change) its rules this year.
5. My parents _____ (give) me more freedom.
6. Friendships _____ (become) more complicated.

03 Vocabulary in context

Complete the sentences using the words in the box. Use each word once.

independent • responsible • confident • mature • shy • outgoing

1. She can make her own decisions. She is very _____.
2. He always keeps his promises. He is _____.
3. I don't feel nervous when I speak in class. I'm _____.
4. She thinks carefully before reacting. She is quite _____.
5. He feels uncomfortable meeting new people. He is _____.
6. She loves talking to strangers and making friends. She is _____.

PRACTISE & CREATE

Use the new grammar to describe real changes, not just actions happening right now.

04 Rewrite the sentences

Rewrite each sentence to show that the situation is changing. Use the word in brackets.

1. My English is better now. (get)

2. My sister is more confident now. (become)

3. We spend less time outdoors now. (spend)

4. Life is more complicated now. (get)

5. My interests are different now. (change)

05 Translate into English

Use Present Continuous to describe the changes.

1. Я стаю більш самостійним / самостійною.

2. Мої друзі стають більш відповідальними.

3. Останнім часом я проводжу менше часу в телефоні.

4. Шкільне життя стає складнішим.

5. Мої інтереси поступово змінюються.

ME: THEN, NOW & NEXT YEAR

CREATIVE WRITING • 8-10 SENTENCES

06 My story

Write 8–10 sentences about yourself. Describe what you were like when you were younger, what you enjoy now, and how your life or personality is changing. Finish with one thing you hope to improve next year.

Your writing must include:

- at least 4 Present Continuous sentences describing changes;
- at least 5 words or expressions from the lesson;
- ideas about the past, the present and next year.

Ideas to help you: What did you enjoy as a child? What are you interested in now? Are you getting more confident or independent? Are your priorities changing? What would you like to get better at next year?

Check before you finish: ☐ 8-10 sentences ☐ 4 change sentences ☐ 5 new expressions ☐ correct verb forms