

GERUNDS (V-ING) – B1 WORKSHEET

EXERCISE 1. Complete each sentence with the correct form of the verb in brackets. Use the gerund (V-ing).

1. _____ (read) books regularly helps you improve your vocabulary.
2. She enjoys _____ (spend) time with her friends at the weekend.
3. He suggested _____ (take) a taxi to the airport.
4. _____ (exercise) every morning is good for your health.
5. They avoided _____ (talk) about the problem during dinner.
6. My brother is interested in _____ (learn) how to play the guitar.

EXERCISE 2. Choose the best answer A, B, C, or D.

1. _____ enough sleep is essential for maintaining good health.
A. Get B. Getting C. To getting D. Got
2. My teacher suggested _____ a dictionary whenever I read English texts.
A. use B. to use C. using D. used
3. We should avoid _____ too much money on unnecessary things.
A. spend B. to spend C. spending D. spent
4. _____ too much time on social media can affect your concentration.
A. Spend B. Spent C. To spending D. Spending
5. She improved her speaking skills by _____ English with international students.
A. practising B. practise C. to practise D. practised
6. What about _____ a picnic this Sunday?
A. have B. having C. to have D. had
7. He left without _____ anyone where he was going.
A. tell B. to tell C. telling D. told
8. Our coach recommended _____ more water during exercise.
A. drink B. to drink C. drank D. drinking
9. Instead of _____ about your problems, why don't you try to solve them?
A. complain B. complaining C. to complain D. complained
10. Is it a good idea _____ a new language online?
A. try B. to try C. trying D. tried

EXERCISE 3. Each sentence contains ONE mistake involving gerunds. Find and correct it.

1. Learning a foreign language help you communicate with more people.
Correction: _____
2. She suggested to go to the cinema after dinner.
Correction: _____
3. He avoids to drive during rush hour because the roads are too busy.
Correction: _____
4. My sister is interested in learn how to cook Italian food.
Correction: _____

EXERCISE 4. Complete the second sentence so that it has a similar meaning to the first sentence. Use the word given and do not change it.

1. It is healthy to walk for thirty minutes every day. WALKING

2. "Why don't we go camping this weekend?" Tom said. SUGGESTED

3. She didn't say goodbye before she left the office. WITHOUT

4. You should not eat too much sugar. AVOID

5. We can save money if we cook at home instead of eating out. INSTEAD

6. You should try this new Italian restaurant. The food is excellent. WORTH

7. He continued talking even though everyone was tired. KEPT

8. She said that we should visit the science museum. RECOMMENDED

9. Don't make a final decision before you think carefully about the problem. BEFORE

10. We could organise a class party. What do you think? ABOUT

EXERCISE 5. Complete the passage with the correct form of the verbs in brackets.

Developing Good Study Habits

(1) _____ (study) effectively requires more than simply spending long hours with books. Students can improve their results by (2) _____ (develop) a clear study plan and (3) _____ (review) their notes regularly.

Teachers often suggest (4) _____ (break) large tasks into smaller steps. This helps students avoid (5) _____ (feel) overwhelmed when they have a lot of work to do.

Instead of (6) _____ (memorise) every sentence in a textbook, learners should focus on understanding the main ideas. They can also improve their concentration by (7) _____ (take) short breaks between study sessions.

Before (8) _____ (begin) a new topic, students should review what they already know. They should avoid (9) _____ (use) their phones while studying because notifications can easily distract them.

Finally, it's worth (10) _____ (remember) that regular practice is usually more effective than studying for many hours just before an exam.