

TEST: 05				ĐỀ THI THAM KHẢO GIỮA KÌ 1 NĂM HỌC 2026- 2027 Bộ môn: TIẾNG ANH - LỚP 10 <i>Thời gian làm bài: 60 phút (không kể thời gian giao đề)</i> <i>(Đề kiểm tra này gồm 4 trang)</i>				
				Chữ ký giám thị 1	Chữ ký giám thị 2	Số thứ tự bài KT Mật mã bài KT		
Họ và Tên: _____ Trường: _____ Lớp: _____ Số báo danh: _____								
Điểm bằng số		Điểm bằng chữ		Chữ ký giám khảo 1		Chữ ký giám khảo 2		Số thứ tự bài KT
								Mật mã bài KT
Điểm phần I	Điểm phần II	Điểm phần III	Điểm phần IV	Điểm phần V	Điểm phần VI	Điểm phần VII	Điểm tổng	

Read the following email and mark the letter A, B, C or D on your answer sheet to indicate the option that best fits each of the numbered blanks

Subject: A big thank you! Dear Mom,

I am writing this email to express my gratitude to you. Last week, when you went on a business trip, dad and I had to manage the house. It was a challenge (1) _____ made me realize how much you do for us. We had to handle a large (2) _____ of chores that we usually take for granted. We followed the detailed instructions (3) _____ by you, but we still struggled. I burned the eggs, and dad forgot to do the laundry. Right now, dad (4) _____ the kitchen while I am folding the clothes. We want the house to be perfect when you return. We promise to (5) _____ more household responsibilities from now on. You shouldn't have to bear the entire burden alone.

Please (6) _____ care of yourself and have a safe flight home!

Love, Tom

- | | | | |
|-----------------|------------|-----------------|----------------|
| 1. A. whom | B. whose | C. which | D. who |
| 2. A. number | B. amount | C. deal | D. range |
| 3. A. to leave | B. left | C. leaving | D. leave |
| 4. A. cleans | B. clean | C. are cleaning | D. is cleaning |
| 5. A. take over | B. pick up | C. put off | D. bring up |
| 6. A. make | B. do | C. give | D. take |

Read the passage and mark the letter A, B, C or D on your answer sheet to indicate the best answer to each of the following questions

When we talk about household chores, we usually think of physical tasks like doing the washing-up, sweeping the floor, or taking out the rubbish. However, there is another type of domestic duty that often goes unnoticed: the mental load. The mental load refers to the invisible work of organizing, planning, and managing the family's daily life.

In many families, even when both parents work and share physical chores, the mother often carries the majority of the mental load. She is usually the one who remembers that the milk is running out, that the kids have a doctor's appointment on Tuesday, or that the electricity bill is due. This constant state of planning and remembering can be mentally **exhausting**.

To build a truly equal family, sharing the mental load is just as important as sharing physical tasks. Fathers and children can help by taking initiative. **Instead of waiting to be told what to do, they should look around the house, identify what needs to be done, and do it.** When family members actively participate in organizing the household, mothers can finally relax, leading to a much happier family environment.

7. Which of the following is NOT an example of the mental load?

- A. remembering a doctor's appointment
- B. planning the family's daily life
- C. taking out the rubbish
- D. knowing when the milk runs out

8. The word **exhausting** in paragraph 2 is closest in meaning to ____.

- A. exciting
- B. tiring
- C. relaxing
- D. surprising

9. The word **they** in paragraph 3 refers to ____.

- A. physical tasks
- B. fathers and children
- C. mothers
- D. family members

10. According to paragraph 2, who usually carries the mental load in the family?

- A. the children
- B. the father
- C. the grandparents
- D. the mother

11. Which of the following best paraphrases the underlined sentence in paragraph 3?

- A. Fathers and kids should wait for instructions before identifying what needs to be done.
- B. Instead of needing orders, family members should notice and complete necessary tasks themselves.
- C. Looking around the house is the only way for fathers to know what the mother wants them to do.
- D. Fathers should take the initiative to tell the children what tasks to do around the house.

12. What is the main idea of the passage?

- A. Why physical chores are harder than planning the family life.
- B. The importance of sharing the invisible mental load in a family.
- C. How to pay the electricity bill on time every month.
- D. The reasons why mothers should stop doing the washing-up.

Mark the letter A, B, C or D on your answer sheet to indicate the best arrangement of utterances or sentences to make a cohesive and coherent exchange or text in each of the following questions

13.

- a. It was a chaotic day, but it taught us the importance of teamwork.
- b. The pipes broke, and the whole kitchen was flooded with water.
- c. Last month, our family faced a sudden emergency at home.
- d. My dad immediately turned off the main valve while I grabbed the mops.
- e. Meanwhile, my mom moved all the electrical devices to a safe place.

- A. c-b-d-e-a
- B. c-d-b-e-a
- C. b-c-d-e-a
- D. c-e-b-d-a

14.

- a. Linda: Wow, your dad cooks? My dad only acts as the breadwinner.
- b. Linda: That is amazing. I wish my family could be that egalitarian.
- c. Mark: We divide chores based on who has free time. Mostly, my dad cooks.
- d. Linda: Hey Mark, how does your family share the household chores?
- e. Mark: Yes! My mom works late, so dad takes over the kitchen to support her.

A. d-c-a-e-b

B. d-a-c-e-b

C. c-d-a-b-e

D. d-c-e-a-b

15.

- a. However, the true measure of family happiness lies in mutual respect.
- b. Without respect, even a perfectly clean house can feel cold and stressful.
- c. Every family has its own unique way of dividing household chores.
- d. When members respect each other, they gladly share the financial and domestic burdens.
- e. Some prefer traditional roles, while others adopt a dual-income model.

A. c-e-a-d-b

B. c-a-e-d-b

C. e-c-a-b-d

D. c-e-b-a-d

Read the following passage and mark the letter A, B, C or D on your answer sheet to indicate the option that best fits each of the numbered blanks

Many parents today fall into the trap of "helicopter parenting," where they hover over their children and do everything for them. Believing that kids should only focus on their academic success, these parents never assign any household chores. However, child psychologists warn that (16) _____. When children are not allowed to do the washing-up or fold their own clothes, they fail to develop basic life skills.

Furthermore, protecting children from domestic duties can lead to a sense of entitlement. Kids might grow up believing that (17) _____. This attitude will cause severe problems when they move out to attend university or live on their own. (18) _____. They might feel overwhelmed by simple tasks like buying groceries or cooking a meal.

To prevent this, parents need to step back and let their children experience responsibilities. (19) _____. Parents should start by giving kids age-appropriate tasks. Even a young child can help lay the table or water the plants. (20) _____.

- 16. A. this parenting style is highly beneficial for their mental health
B. this approach actually harms a child's journey to independence
C. doing chores prevents children from getting good grades at school
D. helicopter parents are the best homemakers in modern society
- 17. A. they are responsible for sharing the financial burden of the family
B. doing household chores is an exciting game that they want to play
C. the world will always provide someone to clean up after their mess
D. they need to learn survival skills before they leave their parents' house
- 18. A. Without hands-on experience, young adults lack confidence in self-care
B. Because they have excellent academic results, they can hire a maid
C. Thanks to their parents, they know exactly how to manage a home
D. As a result, they quickly become the breadwinners of their own families

19. **A.** Letting kids fail at sweeping the floor is a crime that must be punished
B. It means that parents must stop paying for their children's education
C. Making mistakes while doing chores is a vital part of the learning process
D. Therefore, parents should do everything perfectly to set a good example
20. **A.** Ultimately, doing chores teaches children that they are a valuable part of the family team
B. In conclusion, children who do chores will undoubtedly fail their school exams
C. Consequently, parents who assign chores are considered lazy and irresponsible
D. In short, household chores should only be done by the mother of the family

Rewrite the following sentences with the meaning unchanged

21. "Don't make noise while I am explaining the lesson," he said to the class.

=> **He told the class** _____

22. We can choose between taking a bus to the city center and riding a motorbike to save time.

=> **We can either** _____

23. The school strictly prohibits students from using mobile phones during exams to ensure fairness.

=> **The school doesn't allow** _____

24. They were building a new hospital when the storm suddenly came.

=> **A new hospital** _____

25. Remember to lock the door before leaving.

=> **Don't** _____

Complete the sentences, using the correct tense of the verbs in brackets

26. My mother (**cook**) _____ delicious meals for the whole family every evening after work.

27. They (**go**) _____ to the zoo with their classmates last Sunday.

28. She (**cook**) _____ dinner at 7 p.m. yesterday.

29. They dislike (**wake up**) _____ early in the morning.

30. She (**help**) _____ you if you need any assistance.

Mark the letter A, B, C, or D to indicate the word(s) CLOSEST in meaning to the underlined word(s) in each of the following sentences.

31. Despite numerous challenges, they decided to **carry on** with the project until completion.

- A. stop B. continue C. delay D. cancel

32. People around the world **celebrate** New Year's Eve with great enthusiasm and joy.

- A. ignore B. honor C. avoid D. forget

Mark the letter A, B, C, or D to indicate the word(s) OPPOSITE in meaning to the underlined word(s) in each of the following sentences.

33. Despite his usually **busy** schedule, he found time to relax on the weekend.

- A. occupied B. engaged C. free D. active

34. His unclear instructions only served to **explain** the situation further.

- A. clarify B. illustrate C. confuse D. simplify

Complete the sentences, using the correct form of the words in brackets.

35. The report is _____ on scientific research carried out by leading experts. (**base**)
36. Regular exercise provides many health _____ for both adults and children. (**beneficial**)
37. Scientists use computers to _____ complicated mathematical problems. (**calculation**)
38. Air pollution is one of the major _____ of global warming. (**causing**)
39. The hotel is located in the _____ area of the city, so it is convenient for tourists. (**center**)

Mark the letter A, B, C or D on your answer sheet to indicate the word whose underlined part differs from the other three in pronunciation in each of the following questions.

40. A. wanted B. suggested C. borrowed D. needed
41. A. congratulate B. appreciate C. prepare D. homemaker

Mark the letter A, B, C or D on your answer sheet to indicate the word that differs from the other three in the position of primary stress in each of the following questions.

42. A. tidy B. divide C. dirty D. value
43. A. homemaker B. regular C. family D. encourage

Choose the word / phrase (A, B, C or D) that best fits the space in each sentence.

44. Lan: What's your plan for the holiday? / Nam: We _____ a trip to Da Lat. We've already booked the hotel.
A. are going to take B. take C. will take D. taking
45. Tom: Is the laundry done? / Mai: Yes, it _____ every morning.
A. has done B. will be done C. was done D. is done
46. Peter: She promised _____ me with the household chores. / Mary: That's kind of her.
A. help B. helping C. to help D. helps
47. Anna: Study hard, _____ you will fail the exam.
A. and B. but C. so D. or
48. David: What kind of _____ do you enjoy as a family? / Lucy: We love crab soup and spring rolls.
A. family bonds B. table manners C. household chores D. traditional food
49. Jenny: It's my _____ to take out the rubbish every evening. / Mike: Mine is doing the washing-up.
A. duty B. gratitude C. habit D. value
50. Linda: Why is your grandfather so respected? / John: Because he has a lot of _____ and life experience.
A. laundry B. wealth C. habit D. wisdom