

LOOKING BACK

Vocabulary

- 1 Complete the sentences with the correct words and phrases in the box.

stressed out priority delay
well-balanced due date

1. A _____ meal or diet contains all the different things you need to keep you healthy.
2. The _____ for the project is next Friday.
3. I've got too much to do, and I'm completely _____.
4. Nick gave _____ to tasks at his job because he couldn't do everything he wanted today.
5. You may not feel better if you _____ going to the doctor.

- 2 Choose the correct answer A, B, C, or D.

1. To most people, _____ living means both physical and mental health are functioning well together.
A. healthy B. unhealthy
C. health D. healthily
2. When we _____ our task, we headed home.
A. succeeded B. won
C. accomplished D. managed
3. She's in poor health, but she's _____ about her future.
A. optimistic B. negative
C. pleased D. unhappy

4. There are too many _____ in this classroom - it's hard for me to pay attention to the lesson.

A. difficulties B. distractions
C. obstacles D. omissions

5. He was in a good _____ when he got home from school.

A. mind B. feeling
C. attitude D. mood

Grammar

- 3 Complete the sentences with the correct modal verbs in the box. A modal verb can be used twice.

can must should might

1. If you don't want to get in an accident, you _____ follow these safety instructions.
2. If you take these pills, you _____ feel better soon.
3. You _____ come and join us if you like.
4. If you feel unwell, you _____ consult a doctor.
5. If she tries hard, she _____ speak English better than you.

- 4 Circle the most suitable modal verbs to complete the sentences.

1. He shouldn't / may not / cannot stay up late tonight if he wants to feel awake and alert tomorrow morning.
2. Nick should / can't / might be very excited if we invite him to our home.
3. Mai can / must / should be good at time management if she takes a training course at school.
4. If you want to save on your electricity bills, you must / can / might turn off all the electrical equipment before going out.
5. If you help me tidy our flat this morning, you must / can / can't go out this afternoon.