

TEST 20

Part I: Phonetics

Choose the word whose underlined part is pronounced differently.

1. A. started B. joined C. cleaned D. played
2. A. club B. student C. sun D. much

Choose the word with a different stress pattern.

3. A. advice B. center C. rural D. urban
4. A. typical B. decisive C. popular D. regular

Part II: Word Form

Write the correct form of the word in brackets.

5. He exercises (**regular**) _____ to build up his muscles.
6. If you stay in the sun, your skin will (**dark**) _____.
7. We had a long (**discuss**) _____ about how to protect the environment.
8. Helping the elderly is a great (**communal**) _____ service.
9. Wash your hands properly to prevent (**virus**) _____ infections.
10. Leaving dirty dishes on the table is very (**tidiness**) _____.

Part III: Sentence Transformation

11. Lan is fond of listening to English music.
=> Lan likes _____.
12. Shall we make some fresh lemonade?
=> Let's _____.
13. A car is more expensive than a bicycle.
=> A bicycle is _____.
14. They visited their grandparents **last week**. (make a question)
=> _____?

Part IV: Multiple Choice

15. Anna: "My lips are very dry." - Bella: "You can borrow my _____. "
A. mask B. eyedrop C. suncream D. lip balm
16. Tom: "This dessert is delicious!" - Mary: "Thanks, I baked this _____ myself."
A. lemonade B. cheesecake C. green tea D. tofu
17. Doctor: "To protect yourself from dust, what should you wear?" - Patient: "I should wear a _____. "
A. shoe B. coat C. mask D. hat
18. Hung: "I have a toothache." - Dung: "_____ "
A. You should brush your teeth carefully. B. You should eat more candy.
C. That's a great hobby! D. You shouldn't go to the dentist.
19. Lan: "Let's join the clean-up campaign this Sunday." - Mai: "_____ "

- A. You're welcome. B. I don't think so. C. Not at all. D. That sounds great!
20. Peter: "When is your birthday?" - John: "It's _____ October."
A. in B. of C. at D. on
21. Mother: "What does your sister usually do after school?" - Son: "She usually _____ TV."
A. watched B. watch C. watches D. watching
22. David: "Did you go anywhere yesterday?" - Alex: "Yes, I _____ to the cinema."
A. went B. going C. go D. goes
23. Jane: "How often do you _____ swimming?" - Lucy: "Twice a week."
A. collect B. go C. play D. do
24. Mark: "I have a fever, _____ I will stay home today." - Paul: "Get well soon!"
A. and B. or C. so D. but

Part V: Reading Comprehension 1

The Japanese diet is known worldwide for being very healthy. People in Japan live longer than in many other countries, and their food choices are a big reason why. A typical Japanese meal includes a lot of fish, rice, and fresh vegetables. Fish provides healthy fats which are good for the brain and the heart. They also eat a lot of tofu, which is rich in protein and low in fat.

Unlike Western diets, Japanese people eat very little fast food or red meat. They prefer steaming or boiling their food rather than frying it in a lot of oil. When it comes to drinks, green tea is the most popular choice. Green tea helps clean the body and provides energy without using sugar.

Another important rule in Japan is eating until you are 80% full. This habit stops people from overeating and gaining too much weight. Also, Japanese people are very active. They walk or cycle to work and train stations every day. Combining a nutritious diet with daily physical activity creates a balanced and healthy lifestyle that anyone can learn from.

25. Japanese people usually eat a lot of red meat. _____
26. Frying food in oil is the most popular cooking method in Japan. _____
27. Green tea provides energy without adding sugar. _____
28. Japanese people stop eating when they feel 80% full. _____
29. What is the main idea of the passage?
A. Why Japanese people use trains. B. The healthy diet and lifestyle of Japanese people.
C. How to cook fish and rice. D. The dangers of eating Western fast food.
30. Which is NOT mentioned as a part of the Japanese lifestyle?
A. Drinking sweet soft drinks. B. Eating a lot of tofu.
C. Walking or cycling to work. D. Steaming or boiling food.

Part VI: Cloze Test

Acne is a common problem for teenagers. It usually appears when oil and dead skin block the pores on your face. To deal with this, you need a good skincare routine. Firstly, never touch your face with (31) _____ hands. Your fingers carry a lot of bacteria that can make the problem worse.

Secondly, you should (32) _____ your face gently twice a day with warm water and special soap. If you scrub too hard, your skin will turn red and irritated. It is also important not to squeeze the (33) _____ on your face, because this will cause scars.

If your acne is very severe, you should ask a doctor for professional (34) _____. They might give you a special cream to use at night. Also, pay attention to your diet. Try to eat just (35) _____ sugary snacks, not too many. Drink a lot of water to keep your body hydrated (36) _____ the whole day. Taking care of your skin requires patience, but it will surely get better.

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|--------------------|-------------|-------------|---------------|
| 31. A. dirty | B. clean | C. fit | D. active |
| 32. A. cycle | B. deal | C. wash | D. build |
| 33. A. red spots | B. sunburns | C. vitamins | D. dim lights |
| 34. A. countryside | B. mask | C. advice | D. popularity |
| 35. A. much | B. many | C. a few | D. a little |
| 36. A. throughout | B. on | C. at | D. in |

Part VII: Contextual Vocabulary

advice *noun*



/əd'vaɪs/

/əd'vaɪs/

[uncountable]

□ an opinion or a suggestion about what somebody should do in a particular situation

- expert/practical/professional/medical advice
- We were advised to seek **legal advice**.
- **advice on something** The service **offers** information and **advice on** possible careers.
- Ask your teacher's **advice** on how to prepare for the exam.
- Ask your teacher **for advice** on how to prepare for the exam.
- **advice about something** They give good **advice** to parents about managing difficult behaviour.

37. You should seek _____ before signing the contract.

38. She asked her teacher for _____ improving her writing skills.

Read the signs and choose the correct answers (A, B, C or D).

39. What does this sign mean?

- A. No turn right.
- B. No smoking.
- C. No turn left.
- D. You can turn left.



40. Look at the sign. Choose the best answer:

- A. You can park here
- B. You can't park here.
- C. You are not allowed to litter here.
- D. You can smoke here.



