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STAYING HEALTHY



ABOUT YOU

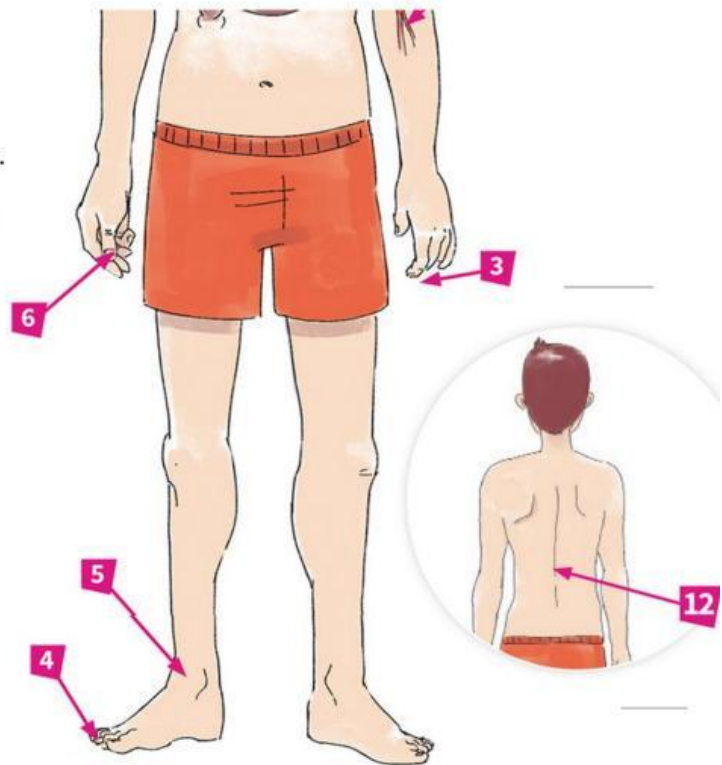
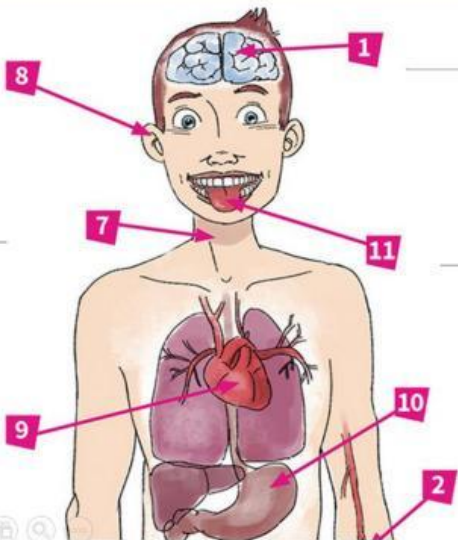
13 Watch the video and discuss the questions.
 Have you ever hurt yourself? What happened?
 Have you ever had an accident?
 Have you ever broken a bone?

VOCABULARY

Body parts

1 Match the words in the box to the body parts. Listen and check.
 Then repeat.

ankle	back	blood	brain	ear	finger
heart	neck	stomach	thumb	toe	tongue



3 Work in pairs. One of you says a letter or a number, the other says the body part.

4 Match the words to the definitions. You may need to make some of the words plural.

ankle	back	blood	brain	ear	finger
heart	neck	stomach	thumb	toe	tongue

- 1 You've got ten of these on your feet. _____
- 2 Your food goes into here when you eat. _____
- 3 You think with this. _____
- 4 This joins your leg to your foot. _____
- 5 You've got four of these on each hand. _____
- 6 This carries things that keep us healthy around our bodies. _____
- 7 This joins your body to your head. _____
- 8 You've got one of these on each hand. _____
- 9 You hear with these. _____
- 10 This is opposite to the front of your body. _____
- 11 This sends blood around your body. _____
- 12 You use this to talk. _____

1 Put the letters in the correct order to make body parts.

1 o d o b l _____

2 k a b c _____

3 r n a b i _____

4 a t h r e _____

5 n u t o e g _____

6 t m b n h _____

7 g i r e n f _____

8 l a k n e _____

9 c e n k _____

10 t o a c s h m _____

2 Circle the word which doesn't belong in each column.

1 This is inside your body.	2 This is below your head.	3 This has bones in it.
heart ear blood stomach	neck toe brain back	finger back toe ankle stomach
4 This is above your back.	5 You can make this move.	6 This is smaller than a brain.
neck heart brain ear	toe finger brain neck tongue	back toe ear heart thumb

3 Complete the sentences with the words in the box.

ankle back blood brains ears fingers heart neck stomach toes

- 1 People and animals have two _____. We hear with them.
- 2 You point with one of the _____ on your hand.
- 3 _____ is red and you see it if something cuts you.
- 4 You get hungry when your _____ is empty.
- 5 People are cleverer than many other animals because their _____ are quite large.
- 6 A giraffe has a very long _____.
- 7 A horse can carry a person on its _____.
- 8 Your _____ are at the end of your feet.
- 9 The _____ is usually on the left side of your body, and it has to work harder when you do exercise.
- 10 Your _____ is between your foot and your knee.

ACCIDENT!

Posted by Ben09 on Monday 13th May

This is me with my new bike – before the accident! Have you ever fallen off your bike and hurt yourself? Well, here's my story.



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It was my birthday (thanks for all the texts) and this amazing bike was my present. I went for a ride by myself along the bike path. The path isn't usually busy. But that day there were two cyclists coming towards me. I slowed down as quickly as possible but I forgot it was a new bike with good brakes! I stopped really suddenly and fell off. I hit my ankle and it really hurt. The two cyclists rode past and didn't stop. I sat on the ground and watched their backs as they rode away. They were enjoying themselves too much to think about me! I got up by myself and picked up my bike, which luckily was OK. My heart was beating fast as I cycled slowly home and people were looking at me! When I got there I found out why – there was blood all over my T-shirt from a cut on my ear.

- 5 Read Ben's blog about what happened to him yesterday. Which part of his body did he hurt?

6 Are these sentences right (✓) or wrong (X)?

- 1 Ben got a bike for his birthday.
- 2 There were often quite a lot of people on the cycle path.
- 3 The two cyclists knocked Ben off his bike.
- 4 The two cyclists came back to help Ben.
- 5 Ben was able to ride his bike after the accident.
- 6 Ben had blood on his clothes when he got home.