

The Anonymous Wellness Columnist

Name: & Person

Date: 📅 Date

Class / Level: Level 5 – Sunday Adults

General Instructions

Read the patient letters carefully. Choose the correct advice for each situation using **should** or **shouldn't**.

Part 1: Advice for Physical Symptoms

Letter 1

"Dear Doctor, I drank 8 cups of coffee to stay awake for an exam and now my heart is beating fast and I can't sleep! What is your advice?"

1. To calm down, you _____ drink warm chamomile tea and lie down.
2. (a) should | (b) shouldn't | (c) don't should
3. You _____ drink any more coffee tonight!
(a) should | (b) shouldn't | (c) shouldn't to

Letter 2

"Dear Doctor, I ate a whole box of spicy tacos right before going to bed and now my stomach hurts terribly!"

3. You _____ take an antacid to relieve the stomach ache.
(a) shouldn't | (b) should | (c) don't
4. In the future, you _____ eat heavy, spicy meals right before sleeping.
(a) should | (b) shouldn't | (c) should to

Part 2: Advice for Work & Communication Problems

Letter 3

"Dear Doctor, I have an important presentation at work tomorrow morning, but I lost my voice completely and my throat feels on fire! What should I do?"

5. You _____ rest your voice and drink warm water with honey.
(a) *shouldn't* | (b) *should* | (c) *should not*
6. You _____ whisper or shout today because it hurts your vocal cords.
(a) *should* | (b) *shouldn't* | (c) *don't should*
7. You _____ go to a party and drink cold sodas tonight.
(a) *should* | (b) *shouldn't* | (c) *should to*