



PRESENT CONTINUOUS vs PAST CONTINUOUS

Look at the information below and then do the activities.

PRESENT CONTINUOUS

We use it to talk about actions that are happening right now or around now.

am / is / are + verb-ing

Examples:

- I am studying English now.
- She is watching TV at the moment.
- They are playing soccer.



PAST CONTINUOUS

We use it to talk about actions that were happening at a specific time in the past.

was / were + verb-ing

Examples:

- I was studying English at 7 p.m. yesterday.
- She was watching TV when I called.
- They were playing soccer in the park.



A. Choose the correct answer.

Select the best option (A, B or C).

1 She _____ watching TV now.

- A) were
B) is
C) was



2 They _____ soccer yesterday.

- A) are
B) were
C) was



3 I _____ doing my homework at 8 p.m. yesterday.

- A) am
B) was
C) were



4 Look! The cat _____ sleeping.

- A) is
B) was
C) were



5 "We are playing basketball now" is in the:

- A) Present Continuous
B) Past Continuous
C) Simple Present



6 The children _____ running in the park yesterday.

- A) was
B) were
C) are



7 "She was cooking dinner last night" is in the:

- A) Present Continuous
B) Past Continuous
C) Simple Past



8 Luam _____ playing video games at 6 p.m. yesterday.

- A) is
B) was
C) were



9 Shirley and I _____ studying English now.

- A) is
B) are
C) was



10 The structure of the Past Continuous is:

- A) am / is / are + verb-ing
B) was / were + verb-ing
C) do / does + verb



11 They are watching a movie at 8 p.m. last night.

- A) True
B) False



12 We _____ eating lunch when the teacher arrived.

- A) are
B) was
C) were



13 "I am doing my homework yesterday" is a correct sentence.

- A) True
B) False



14 The dog _____ playing in the garden at 5 p.m. yesterday.

- A) is
B) was
C) were



Keep going!
You can do it!

