

HEALTHY FUTURE 08

- 1 Work with a partner. Look at the photos. What part of the body has been broken?

Write the parts of the body broken below and add six more parts of the body you can break to the list.



a _____ ☐ c _____ ☐ e _____ ☐ g _____ ☐
b _____ ☐ d _____ ☐ f _____ ☐ h _____ ☐

- 2 08 Watch the film and tick (✓) any of the body parts Michael and the students talk about.

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- 3 08 Work with a partner. Circle the correct answer and complete the profiles. Then watch the first part of the film and check your answers.

A

1 Is healthy because she eats healthily / exercises regularly / doesn't get colds or the flu



Amelia

2 Has broken or knows someone who has broken

an arm / a leg / a finger / a nose

B

3 Is healthy because she eats healthily / exercises regularly / doesn't get colds or the flu



Miriam

4 Has broken or knows someone who has broken

an arm / a leg / a finger / a nose

C

5 Is healthy because he eats healthily / exercises regularly / doesn't get colds or the flu



Will

6 Has broken or knows someone who has broken

an arm / a leg / a finger / a nose

- 4  08 Work with a partner. Match the students (a–c) from Exercise 3 with the questions (1–4). Then watch the last part of the film and check your answers.

Who thinks ...

- 0 ... you'd lose all your teeth if you live to 1,000? ...c...
- 1 ... living to 1,000 is a great idea?
- 2 ... living to 1,000 would be boring?
- 3 ... there aren't many things left to do if you lived to 1,000?
- 4 ... living to 1,000 is not ideal?

- 5  08 Work with a partner and look at the time expressions. Can you remember what they refer to? Who said them? Watch the film again and check your answers.

- 0 'three times a day' ... *Michael exercises three times a day.*
- 1 'every day'
- 2 '7 times'
- 3 'every week'
- 4 'once'



ABOUT YOU

 08 Watch the video and then answer the questions.

Are you generally quite healthy?

Have you ever broken an arm or a leg? What happened?

Do you think most people would like to live to be 1,000 years old? Why? / Why not?

VOCABULARY

Body and health

-  1 Match the words to the parts of the body A–N. Then listen and check.

EP

ankle	back	cheek	chest	chin
elbow	finger	forehead	knee	
neck	shoulder	throat	thumb	toe



- 2** Complete the table with the words from Exercise 1. Add more parts of the body you can see in the photo.

head	<i>chin, ...</i>
body	<i>back, ...</i>
leg	<i>ankle, ...</i>
arm	<i>elbow, ...</i>

- 3** Listen to three conversations. Match the speakers to the sentences.

Sam Kelly Josh

- a _____ might be ill.
 b _____ had an accident and is injured.
 c _____ has sore legs and arms after doing sport.

4 Discuss the illnesses and injuries. What parts of the body do they affect?

EP

aches broken (a) cold (a) cough
(a) cut earache (a) fever flu
sore stomach ache toothache



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5 Complete the sentences with words from Exercise 4. There is one word you don't need. Listen again and check.

- 1 Sam played tennis yesterday and now she's got (a) _____ in her arms, legs and back.
- 2 Kelly's got a headache, and she has a (b) _____ inside her mouth. She says her cheek's (c) _____. She needs to go to the dentist because she has (d) _____. The other girl hurt her thumb, but it wasn't (e) _____.
- 3 Josh feels very hot, so he thinks he's got a (f) _____. Dora thinks that Josh might be getting a (g) _____. Josh has a sore throat and a (h) _____. Last night he had (i) _____, too. He hopes he hasn't got (j) _____.



6 In pairs, compare the illnesses and injuries you've had.

A: *I've had a fever.*

B: *Me too. I had a high temperature last year.*

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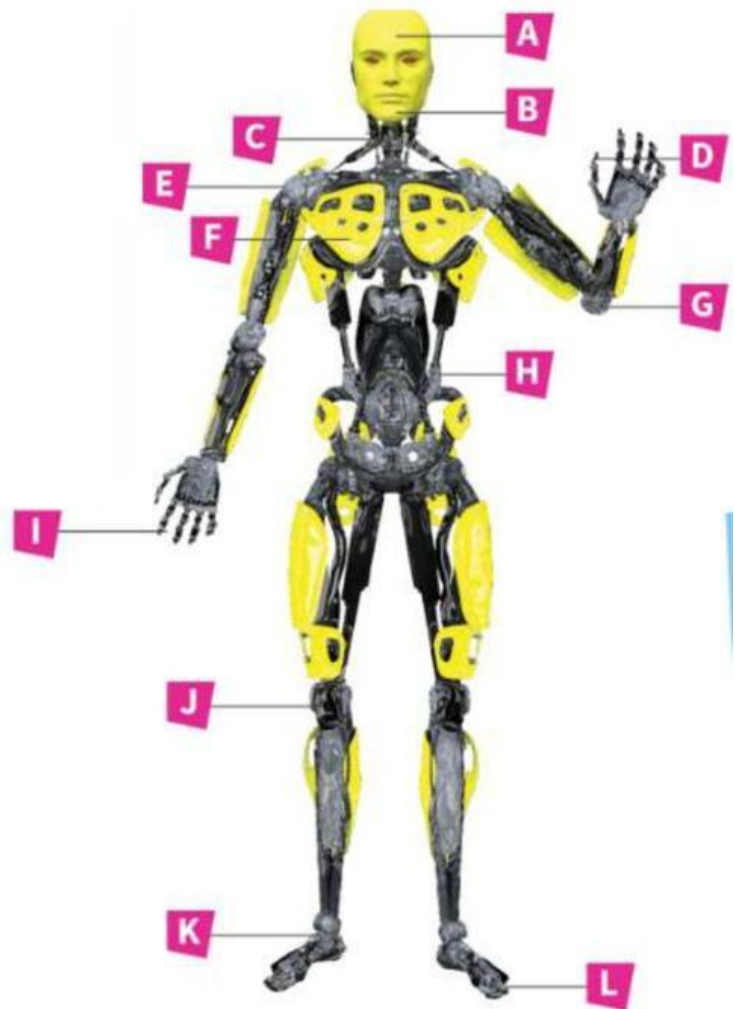
A HEALTHY FUTURE

VOCABULARY

Body and health

1 Write the letters in the correct order to make words and label the body.

nich	_____	A	_____
lewbo	_____	B	_____
gnierf	_____	C	_____
nalek	_____	D	_____
cabk	_____	E	_____
deshoulr	_____	F	_____
neke	_____	G	_____
sehct	_____	H	_____
rothat	_____	I	_____
bmtuh	_____	J	_____
rofedeah	_____	K	_____
teo	_____	L	_____



2 Choose the correct word.

- 1 I can hardly speak – my *neck* / *throat* really hurts.
- 2 I fell and hurt my *thumb* / *ankle* and now I can't walk.
- 3 Ibrahim fell on his face in the playground and cut his *toe* / *chin*.
- 4 Dad fell off his horse and hurt his *shoulder* / *forehead*. He can't move his arm very well.
- 5 Billy is always falling over and hurting his *throat* / *knees*.
- 6 Mary can't play the piano because she has injured her *finger* / *toe*.
- 7 My brother's broken his *thumb* / *throat*, so he can't play tennis today.
- 8 I didn't see the shelf and I walked straight into it. I've cut my *forehead* / *elbow*.
- 9 I have to go to the dentist because I have *stomach ache* / *toothache*.
- 10 I have a bad *chin* / *cough* – but the medicine tastes disgusting!
- 11 She had a pain in her *chest* / *cough* and so she went to hospital.
- 12 I have to stay in bed for a week to rest my *cold* / *back*.

3 Match the sentence halves.

- | | |
|-------------------------|-----------------|
| 1 I've got _____ | a a bone. |
| 2 My throat is _____ | b on my finger. |
| 3 I've got a high _____ | c sore. |
| 4 I've got a cut _____ | d fever. |
| 5 My legs _____ | e a bad cold. |
| 6 Julie broke _____ | f ache. |

4 Complete the text with the words in the box.

ache	earache	fever
flu	headache	temperature
toothache	throat	

Last year I had a maths test and I hadn't studied, so I didn't want to go to school. I told my mum that my mouth was hurting. 'Mum, I've got ¹ _____. I don't think I can go to school.' She said, 'Get up and have your breakfast.' I put my hands over my ears. 'Mum, I've got really bad ² _____ too.' 'Eat your breakfast,' she said. 'You might feel better after breakfast.' But I didn't eat anything. 'My arms and legs ³ _____, Mum, and my ⁴ _____ is sore. I've got a ⁵ _____. I held my head in my hands as I spoke. 'I think I've got ⁶ _____, Mum. I feel awful! I don't think I can go to school today.' She said, 'Hmm, OK, let's go to the doctor's.' So we went to the doctor's. He examined me and took my ⁷ _____. Then he said to my mum, 'Tom has a really high ⁸ _____. His temperature is 39°C. Give him this medicine and make sure that he stays in bed for a week. No computers, no books and no TV. Just rest.' I didn't understand – I mean, I wasn't really ill!