

# MY DAILY ROUTINE

## Exercises

1

**Warm Up** Work with a partner.

Tell your partner three things about daily routine.

2

**Vocabulary** Match the verb to the activity.



WAKE

BRUSH

TAKE

EAT

DO

GO

\_\_\_\_\_ to bed

\_\_\_\_\_ up at 6:00 AM

\_\_\_\_\_ my homework

\_\_\_\_\_ a shower

\_\_\_\_\_ breakfast

\_\_\_\_\_ my teeth

3

**Language Work #1**

**Read the conversation and fill in the missing words.**



**Scene:** Leo and Sophia are talking about their daily routines.

**Leo:** So, Sophia, what time do you wake up on school days?

**Sophia:** I wake up at six (1) \_\_\_\_\_.

**Leo:** Really? What do you do next?

**Sophia:** Well, I take a (2) \_\_\_\_\_ and eat breakfast.

**Leo:** Do you eat (3) \_\_\_\_\_ at home?

**Sophia:** Yes, I do! After school, I do my (4) \_\_\_\_\_ and play with my dog.

Missing Words:

breakfast | o'clock | homework | shower

4

**Language Work #2**

**Write answers to these questions.**

What time does Sophia wake up?

What does she do after waking up?

Does she eat breakfast at home?

What does she do after school?

5

### Question Practice How well do you remember? Write the questions in the blanks.

Leo: So, Sophia, \_\_\_\_\_  
on school days?

Sophia: I wake up at six o'clock.

Leo: Really? \_\_\_\_\_?

Sophia: Well, I take a shower and eat breakfast.

Leo: \_\_\_\_\_ at home?

Sophia: Yes, I do!

Leo: \_\_\_\_\_ after school?

Sophia: I do my homework and play with my dog.

6

### Quiz Time Look at the pictures below. Which actions do they show?



(1) \_\_\_\_\_



(2) \_\_\_\_\_



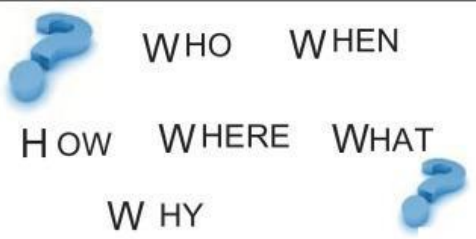
(3) \_\_\_\_\_



(4) \_\_\_\_\_

Imagine your partner's daily routine. Have conversations with a partner.

- Use your imagination or vocabulary from exercise two.
- Use question words from the box to help you



### Discussion

Work with a partner, or in small groups. Ask follow-up questions.

- What is your favorite part of the day? (Morning, afternoon, or night?)
- What time do you go to bed on weekends?
- Do you watch TV or play video games after doing your homework?
- What is one activity you do every single day?

# My Daily Routine Teaching Notes

**Target Structure:** Present Simple for routine actions (1st and 3rd person)

**Vocabulary:** Daily Routine Collocations

**Level:** Elementary (A1)

**Time:** 45 minutes

**Preparation:** None

## Suggested Teaching Method

- **1. Warm Up:** Give one worksheet to each student. Students ask the lead-in with a partner. Elicit a couple of answers from the group. Keep this brief.
- **2. Vocabulary:** This collocation exercise should be completed alone and checked in pairs. Practice oral drills using the Present Simple (e.g., "I wake up at six").
- **3. Language Work #1:** Students read the conversation and fill in the blanks using the word box. Have students practice the conversation in pairs with eye contact.
- **4. Language Work #2:** Elicit the first full-sentence answer, then let students work individually before checking in pairs.
- **5. Question Practice:** Students reconstruct the missing questions without looking back at Section #3.
- **6. Quiz Time:** Students identify the actions in the pictures and practice asking each other routine questions using the question prompts.
- **7. Discussion:** Put students in small groups to discuss their personal routines. Monitor without interrupting to encourage fluency.

## Answer Key

- **2. Vocabulary:**

- take a shower / go to bed
- wake up at 6:00 AM / eat breakfast
- do my homework / brush my teeth

- **3. Language Work #1:**

1. o'clock   2) shower   3) breakfast   4) homework

- **4. Language Work #2:**

1. She wakes up at six o'clock.
2. She takes a shower and eats breakfast.
3. Yes, she eats breakfast at home.
4. She does her homework and plays with her dog.

- **5. Question Practice:**

- What time do you wake up...
- What do you do next?
- Do you eat breakfast...
- What do you do...

- **6. Quiz Time:**

1. Brush teeth   2) Do homework   3) Eat lunch/breakfast   4) Go to bed / Sleep