B. Life fifty years ago was much harder than nowadays.

C. People in the past had to overcome lots of hardship.

D. Not really. People nowadays live in a more polluted environment.

13. ~ ***Nam***: What are the main health problems young people face? ~ ***Lan***: "....."

A. There are so many health problems these days.

B. Young people tend to eat a lot of convenience food

C. Diabetes and obesity are the biggest threats to them.

D. It is easy for young people to overcome their health problems.

14. ~ ***Nam***: Do you think all medical care should be free? ~ ***Lan***: "....."

A. I think it should be. People's life must be protected **B.** Medical equipment is very expensive.

C. Public schools are also free in many countries. **D.** Not all people can get access to free medical care.

15. ~ ***Nam***: What is a healthy diet? ~ ***Lan***: "....."

A. All people need to eat healthily. **B.** Healthy diets are getting more expensive.

C. Fast food is not healthy food **D.** It must be a balanced, nutritious and healthy diet.

16. ~ ***Lan***: In your opinion, do you have a healthy diet? ~ ***Nam***: "....."

A. I prefer to cook my own meals. **B.** Sometimes I eat out with my family or my friends.

C. In general, I do. I have a balanced and healthy diet. **D.** My friends eat a lot of fast fooc

17. ~ ***Lan***: How many hours a day do you spend watching TV? ~ ***Nam***: "....."

A. TV programmes are various. There are so many of them. **B.** Not much. Just about thirty minutes after dinner.

C . My mother spends hours watching soap operas. **D.** Sports channel is my favourite.

18. ~ ***Lan***: Do you ever eat junk food? ~ ***Nam***: "....."

A. Sometimes I have a snack for my breakfast. **B.** Junk food is not nutritious enough.

C. Junk food is also addictive. **D.** We should discourage children from eating junk food

19. ~ ***Nam***: What exercise do you do? ~ ***Lan***: "....."

A. I go jogging in the morning and aerobics in the afternoon. **B.** My teachers ask us to do so many exercises.

C. I hate doing too much homework. **D.** Exercising is time-consuming.

20. ~ ***Lan***: What could you do to make your lifestyle healthier? ~ ***Nam***: "....."

A. People need a healthy lifestyle. **B.** I do need to exercise more.

C. I don't care much about my diet. **D.** I prefer to eat out at the weekends

Ex 17. Rewrite the following sentences as long as the meaning is unchanged

S + **last** + V_{QKD} + ...+ **in** .../ **when** ..... / **ago**

= S + ~~(last)~~ + haven't/ hasn't Vpp + ... + **since** ..... / **for** ..... (bỏ **last**)

Eg : - I **last saw** her **when** I was a student / 2 years **ago**.

- I **haven't seen** her **since** I was a student / **for** 2 years.

1. We last saw Tom when we moved to Bristol.

We haven't _____

2. She last wrote to me nearly 2 years ago.

She hasn't _____

3. This film was last shown on TV 10 years ago.

This film hasn't _____

4. She last swam in the river 3 years ago.

LIVEWORKSHEETS