A. on B. at C. in D. to

13. Regular _____ reduces the risk of heart disease.

A. overeating B. exercise C. operation D. recovery

14. They're upset that you didn't call, but they'll _____ it.

A. get off B. get over C. get up D. get on

15. This bacon smells a bit funny - do you think it's _____?

A. cut off B. gone up C. gone off D. cut into

16. She looks like she's _____ weight.

A. put up B. put down C. put off D. put on

17. Modern farming methods can have an adverse **effect** on the environment.

A. impacts B. balance C. injury D. benefit

18. It's taken me ages to **get over** the flu.

A. fall B. recover from C. trip D. catch

19. Pollution from the works has been **reduced** by 70 per cent.

A. ignored B. contained C. decreased D. increased

20. She was employed as a _____ in a hotel.

A. cook B. cooker C. cooking D. cookery

21. His _____ records showed that he was unfit for work.

A. meditation B. medicine C. medical D. medic

22. Sleep, rest and relaxation can _____ the ageing process

A. slow down B. speed up C. turn off D. turn on

23. Your body may not be able to fight _____ naturally if your immune system is weakened

A. infect B. infected C. infectious D. infection

11. My teenage son always wants to sleep _____ on the weekends

A. in B. on C. for D. up

12. Today I'm going to talk about how to take care _____ your skin.

A. of B. on C. for D. up

13. Mass media have helped to raise people's awareness _____ lifestyle choices.

A. of B. on C. for D. up

14. Good nutrition is essential if patients are to _____ a quick recovery.

A. do B. make C. put D. take

15. Red meat is high _____ fat, which increases the risk of developing heart disease.

A. of B. on C. for D. in

16. This exercise may look easy and suitable for people of all ages. However, if it's not done properly, it can _____ more harm than good

A. do B. make C. put D. take

Ex 16. Circle A, B, C, or D to indicate the correct response to each of the following exchanges.

1. Linda and Peter are at the school gate,

Linda: " _____ "

Peter: "Sorry I can't make it today. I'm quite busy."

A. Your parents must be proud of you. B. Come on, you can do better.

C. How about going to the zoo? D. You must be kidding.

2. A: "Can I give you a hand?" B: "_____"

LIVEWORKSHEETS