

Task 1: Vocabulary

Read the text and choose the correct answer (a, b or c) to complete each gap.

Friendship plays an important role in a teenager's life. However, sometimes it can be difficult to keep a balance between being independent and (1) _____ to others. Many teenagers feel (2) _____ when they are in a new situation, such as starting a new school or meeting new people. They may also go through a period of (3) _____ when they want to try different things and explore their interests. It is normal to have (4) _____ sometimes, but talking to someone you trust can help. In the end, positive (5) _____ and good communication can make teenage years easier and more enjoyable.

- | | | | |
|---|------------------|-----------------|-----------------------|
| 1 | a. dependant | b. independent | c. confident |
| 2 | a. anxious | b. relaxed | c. proud |
| 3 | a. transition | b. stress | c. discovery |
| 4 | a. mood swings | b. growth spurt | c. self-consciousness |
| 5 | a. peer pressure | b. support | c. hormones |



Task 2: Vocabulary

Read the text and choose the correct answer (a, b or c) to complete each gap.

Technology has changed the lives of teenagers. Many of them spend a lot of time on social media, which can be fun but (1) _____ if it becomes too much. It can also affect their (2) _____ and make them compare themselves to others. Some teenagers feel (3) _____ when they cannot get online. On the other hand, technology helps them stay in touch with friends and learn new skills. The key is to use it wisely and find a good (4) _____ between online and offline life. This can lead to a healthier and happier (5) _____.

- | | | | |
|---|---------------|----------------|------------------|
| 1 | a. harmful | b. useful | c. expensive |
| 2 | a. confidence | b. imagination | c. communication |
| 3 | a. worried | b. relaxed | c. excited |
| 4 | a. balance | b. transition | c. influence |
| 5 | a. lifestyle | b. adolescence | c. discovery |

