

## Positive effects of music

1. \_\_\_\_\_ emotional improvement can be listening to enjoyable music.
2. Music can reduce stress. \_\_\_\_\_, people may feel calmer after listening to it.
3. \_\_\_\_\_ listening to music is that it can help people relax.
4. \_\_\_\_\_ learning to play an instrument is that it can develop discipline and patience.
5. Music can reduce stress \_\_\_\_\_ its ability to create a relaxing environment.
6. \_\_\_\_\_ music's relaxing effects, many people listen to it when they feel stressed.
7. Music can improve people's moods, \_\_\_\_\_ many people listen to it when they need to relax.
8. People may listen to calming music \_\_\_\_\_ they can feel more relaxed.
9. Music can improve people's moods. \_\_\_\_\_, it can be a useful form of relaxation.
10. People often listen to music when they are stressed. \_\_\_\_\_, music has become an important part of many people's daily lives.
11. Music can improve people's moods \_\_\_\_\_ it can create positive emotions.
12. \_\_\_\_\_ improved concentration for some people is listening to \_\_\_\_\_ background music.