

SENTENCE-ORDERING WORKSHEET

Extended Writing: Article

WRITING TASK

ARTICLES WANTED

Feeling Stressed?

Are you worried or stressed during examination periods? Tell us about your experience! Share with us what causes stress during examinations, explain how examination stress affects teenagers, and suggest ways teenagers can manage stress during this period. The best article will receive a RM50 book voucher from the school library.

YOUR TASK

The sentences below belong to one article, but they are in the wrong order. Arrange them to form a complete, coherent article. Drag the sentences to place them in correct paragraphs.

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| 1. One effective way to cope is to create a realistic revision timetable and study in short, focused sessions. | 2. In conclusion, examination stress is common, but it can be managed with good habits and support from others. |
| 3. Have you ever felt your heart race or your mind go blank when an examination is approaching? | 4. As a result, some teenagers may find it difficult to concentrate, sleep well or remember what they have studied. |
| 5. Another common cause is the pressure to meet parents' expectations or achieve results similar to their friends. | 6. Teenagers should also get enough sleep, eat balanced meals and take short breaks to relax. |
| 7. Examinations are an important part of school life, but the stress they bring can sometimes feel overwhelming. | 8. Personally, I feel less anxious when I prepare early instead of leaving everything until the last minute. |
| 9. Stress can affect teenagers both emotionally and physically, especially when it continues for a long time. | 10. One major cause of examination stress is being unprepared because of poor time management or too much revision at the last minute. |
| 11. Talking to a trusted friend, teacher or family member can also help teenagers feel supported rather than facing their worries alone. | 12. Therefore, it is important to recognise the causes of stress and take practical steps to deal with it. |

A. PUT THE SENTENCES IN ORDER

Write the sentence numbers in the order you think makes the best article.

Paragraph 1 – Introduction

Paragraph 2 – Causes of examination stress

Paragraph 3 – Effects of examination stress

Paragraph 4 – Ways to manage stress

Paragraph 5 – Conclusion