

2

Read the two passages and answer the questions on page 49.

Different Lifestyles Around The World

My family moved to Sweden because of my dad's job. I went to school there for a year. Well, I didn't like it. The class was so noisy. Students would ask questions all the time. They spoke while the teacher was speaking and shouted at each other. They even sat under their desks. They sometimes called teachers by their first name. I thought it was rude! It's quite different from studying in my country.

Lan Tran, Viet Nam



I went to a foreign country and stayed with my friend's family. When I arrived, they showed me a dog and asked: "Do you like this dog?" I said: "Yeah, yeah." When it was time for dinner, I went to the kitchen and saw a plate of steaming meat. I asked: "What is this?" and they all said: "Dog meat". Oh God! They cooked the dog! I said I liked the dog, and they cooked it. I started crying, and broke down at the table.

Paul Bennett, England



2

Choose the correct answer A, B, C, or D.

- How long did Lan Tran study in Sweden?
 - For one month
 - For one year
 - For two years
 - For three years
- Did she like to study in Sweden?
 - Yes, she did.
 - No, she didn't.
 - She wasn't sure.
 - She never studied there.
- How did Lan Tran feel when Swedish students called teachers by their first name?
 - Surprised
 - Angry
 - Bored
 - Proud
- Whom did Paul Bennett stay with?
 - His classmates
 - A host family
 - His cousins
 - His teachers
- What did Paul Bennett do when he saw that they cooked the dog?
 - He took a photo.
 - He asked for more food.
 - He refused to eat it.
 - He laughed loudly.

3

Fill in each blank with a word to complete the passage.

We all want to have a healthy life and do a lot of things to stay healthy. Healthy living has a different meaning (1) _____ different people, but some of these habits are pretty simple and should be followed by everyone in order to have a happy and healthy life.

Many people try to keep fit by getting some (2) _____ a few times a week, perhaps by going for a swim, by jogging in a park, or by playing active games like football or tennis. Dancing classes are also popular. Moreover, (3) _____ a balanced diet and having enough sleep are essential too. Getting fresh air is also very important for your health, and taking few moments to get out of your chair to (4) _____ a breath of fresh air can improve your mood.

To sum up, a relaxed lifestyle, a balanced diet and plenty of (5) _____ air and exercise – these things are all important.

E Writing

1 Mark the letter A, B, C, or D to show the underlined part that needs correction in each sentence.

1. At weekends we often go swimming and spending time at the park if it is fine.
A B C D
2. I don't know what she manages to maintain her expensive lifestyle.
A B C D
3. Unless you study from home, you need to pay attention to your electrical equipment and Internet access.
A B C
4. Knowing how to relax is vital for ensure your healthy lifestyle and restoring joy in your life.
D A B C
5. It is unlawful for people to drive in the right side of the road in India.
A B C

Unit 6 / Lifestyles 49

2 Write meaningful sentences with the first conditional, using the words and phrases given.

1. If / you / cook / dinner / I / do / dishes.

2. We / stay / a hotel / underground / if we travel / Coober Pedy, Australia.

3. He / not get / a good job / unless / improve / his IT skills.

4. If you / visit / our town / we / take / to / famous / local restaurant.

5. Unless / you / exercise / regularly / not / be able / lose / weight.

Exercise 3 – Sample paragraph - Topic: Write a paragraph (60–80 words) about the advantages OR disadvantages of street food.

Sample 1: Advantages of street food (72 words)

Street food has many advantages. First, it is very convenient because we can find it easily on the streets. Second, street food is usually cheap, so students can afford it. Third, it is delicious and offers many different flavours. We can also enjoy traditional dishes and learn about local cultures through street food. However, we should choose clean food stalls to protect our health. In short, street food is a great choice for everyone.

Sample 2: Disadvantages of street food (70 words)

Street food has some disadvantages. First, it is not always healthy because some dishes contain too much oil, salt or sugar. Second, some food stalls are not clean, so customers may get sick. Third, eating street food too often can lead to health problems such as obesity. Although street food is cheap, convenient and delicious, we should not eat it every day. In conclusion, we should choose healthy and safe food.

Exercise 1: Circle the correct option in brackets.

1 If I (**will visit** / visit / visited) Alaska, I will try dog sledding.



2 Unless we leave soon, we (**miss** / will miss / missed) the train.



3 Online learning (**gives** / give / will gives) students more freedom.



4 If the internet is slow, the lesson (**won't work** / doesn't work / didn't work) well.



5 They are in the habit of (**buy** / buying / to buy) breakfast outside.



6 If you eat healthily, you (**will feel** / feel / felt) better.



7 We won't go camping unless Dad (**agrees** / will agree / agreed).



8 Modern technology can (**improve** / improving / improves) our lifestyle.



9 She (**won't choose** / doesn't choose / didn't choose) online learning if it hurts her eyes.



10 Pizza is a (**type** / typically / typical) Italian food.



11 If we practise more, we (**speak** / will speak / spoke) English better.



12 Unless you turn off notifications, you (**won't concentrate** / don't concentrate / didn't concentrate).



13 Dog sledding is still (**used** / use / using) as transport in some cold areas.



14 He will try curry if he (**visits** / will visit / visited) India.



15 Online learning may become more (**popularity** / popular / popularly) in the future.



Exercise 2: Supply the correct form of the words in brackets.

1 Different countries have different _____ styles. (live)



2 Online learning can help students study _____. (independent)



3 Modern technology changes the way we _____. (communication)



4 The _____ peoples of Alaska still maintain many traditional practices. (nation)



5 Too much screen time is _____ to our eyes. (harm)



6 The restaurant is famous for its _____ seafood dishes. (taste)



7 Many students find online lessons _____ and comfortable. (convenience)



8 The musher was very _____ in controlling the dogs. (experience)



9 We need more _____ between teachers and students. (interact)



10 A balanced diet can make your life _____. (health)



11 The Iditarod race is an _____ competition. (nation)



12 Some villages are trying to _____ their traditional crafts. (revival)

