

British Food

@wonderfulteacherinaction

A tasty trip around the UK!

1 Read the text and look at the pictures.

Fish and chips (England)

Fish and chips is a very popular dish in England. It is battered fish with chips (fried potatoes). People usually eat it with salt, vinegar or ketchup.



Fish and chips



Full English breakfast (England)

The full English breakfast is a traditional English breakfast. It usually includes sausages, bacon, eggs, beans, tomatoes, mushrooms and toast.



Full English breakfast



Haggis (Scotland)

Haggis is a traditional Scottish dish. It is made with sheep's offal (heart, liver and lungs), oats and spices. It is often served with mashed potatoes and turnips.



Haggis



Welsh rarebit (Wales)

Welsh rarebit is a traditional dish from Wales. It is melted cheese served on toasted bread.



Welsh rarebit



Ulster Fry (Northern Ireland)

The Ulster Fry is a popular breakfast in Northern Ireland. It usually includes sausages, bacon, eggs, black pudding, beans, tomatoes and potato bread (or toast).



Ulster Fry



Afternoon tea (UK)

Afternoon tea is a special British tradition. It usually includes tea, finger sandwiches, scones, cakes and biscuits.



Afternoon tea



2 Read again and write TRUE or FALSE.

1. Fish and chips is a popular dish in England.
2. The full English breakfast has beans and tomatoes.
3. Haggis is made with chicken, oats and spices.
4. Welsh rarebit is served on toasted bread.
5. The Ulster Fry includes black pudding.
6. Afternoon tea only includes tea and cakes.

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British Food Activities

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1 Match the dishes with the correct name.

fish and chips	full English breakfast	haggis	welsh rarebit	Ulster Fry	afternoon tea

2 Complete the sentences with the words in the box.

fish potatoes cheese sausages tea Northern Ireland oats

- Fish and chips is made with _____ and _____.
- Haggis is made with sheep's offal, _____ and spices.
- Welsh rarebit is made with _____ and served on toast.
- The full English breakfast has _____, bacon, eggs, beans, tomatoes, mushrooms and toast.
- Afternoon tea includes _____, sandwiches, scones and cakes.
- The Ulster Fry is a traditional breakfast from _____.



3 Create your own British menu!

Write a starter, a main course and a dessert. You can use ideas from the text or your own.

My British Menu

Starter

Main course

Dessert

