

Worksheet 1: Simple Present Tense

— Daily Routine

Name: _____

Date: _____



What is Simple Present Tense?

The Simple Present Tense is used for actions that happen regularly, habits, or daily routines. We use it to talk about things we do every day!



Examples:



• I wake up at 6 AM.

(I + base verb for daily routine)



• She brushes her teeth.

(She / He / It + verb + s)



Daily Routine — Visual Icons:



wake up



have breakfast



go to school



Practice



Fill in the blanks with the correct verb in Simple Present Tense

(Use the verbs from the box)

Word Bank:

wake up • brushes • eats • go



1. Every morning, I _____ at 7 AM.



2. He _____ breakfast with his family.



3. They _____ to school by bus every day.

Tip: For he/she/it, we add -s to the verb!

Keep practicing every day!

Worksheet 2: Present Continuous - What are they doing now?

☆ A1 Level • Pastel & Cute • English Grammar ☆

Name: _____ Date: _____

Definition: ☆

Present Continuous is happening now → am / is / are + verb-ing

✓ We use it for actions happening right now.

Examples: ☀



She is reading.



They are playing football.

Practice: Look at the pictures. What are they doing now?
Write the sentence.



1. (he / eat an ice cream)



2. (she / jump rope)



3. (they / water the plants)



4. (he / sing a song)

★ Tip: Remember! I am ... / He is ... / She is ... / They are ... + verb-ing

Good job! Keep learning

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Worksheet 3



Simple Present vs Present Continuous • A1 Level

Name: _____

Date: _____

What do we learn today? ☆

We compare Simple Present and Present Continuous.

Simple Present is for habits and routines.

Present Continuous is for things happening now!



Comparison Table



Simple Present ☀

Use for: Habits • Routines • Regular actions
• Facts

Key Words:

always, usually, every day, on Mondays,
often, sometimes

Example:

I eat breakfast every morning.
She goes to school on weekdays.

Present Continuous ☁

Use for: Things happening now • Actions
at the moment • Current activities

Key Words:

now, at the moment, today, right now,
currently

Example:

I am eating breakfast now.
She is going to school today.

Practice: Choose the correct tense! ✎ ☆

Choose Simple Present or Present Continuous for each sentence. Circle the correct answer.



Question 1. 1. She _____ to music now.

- (a) listens
- (b) is listening



Question 2. 2. They _____ homework every evening.

- (a) do
- (b) are doing



Question 3. 3. I _____ a book at the moment.

- (a) read
- (b) am reading

Tip: Simple Present = regular actions / habits
Present Continuous = happening right now!

Worksheet 4: Present Tense Negative — don't / doesn't

A1 Level • Present Simple — Negative

Name: _____

Date: _____

How to make a negative in the Present Simple:



Use **DON'T** for
I / you / we / they

I / you / we / they + don't + verb
don't = do not



Use **DOESN'T** for
he / she / it

he / she / it + doesn't + verb
doesn't = does not



Hint: The main verb stays in its base form after don't/doesn't! (no -s)



Examples:



• I don't like spinach.



• She doesn't play games.



Practice: Make the sentence negative



Change the sentence into a negative sentence using don't or doesn't.



1. I like cats. → _____



2. He plays football. → _____



3. They live in Tokyo. → _____

Tip: Remember! he/she/it → doesn't • I/you/we/they → don't

Worksheet 5: Present Tense Questions - Do / Does

A1 Level • English • Grammar Practice

Name: _____ Date: _____

How to make Yes/No questions with Do / Does



☒ Use DO + I / you / we / they + verb?



Use DOES + he / she / it + verb?



Do you like cats?
Yes, I do.
No, I don't.



Does she study English?
Yes, she does.
No, she doesn't.

Remember! Do → I, you, we, they.
Does → he, she, it

Practice: Make the questions!

Look at the words in the brackets. Write the correct question using Do or Does.
Then answer with Yes or No.

1.

(They / play soccer)

_____ they play soccer?

Answer: _____



2.

(She / like pizza)

_____ she like pizza?

Answer: _____



3.

(He / live near here)

_____ he live near here?

Answer: _____



Great job! You are learning English ★ Keep practicing!

Worksheet 6: Adverb of Frequency

always • usually • sometimes • never | A1 Level

Name: _____

Date: _____

What are Adverbs of Frequency?

Adverbs of frequency tell us how often something happens. They show how often we do something—from 100% of the time to 0% of the time!

100%	100%	 every time / every day	always every time / every day
100%	80–90%		usually most of the time
100%	50%		sometimes now and then / occasionally
0%	0%		never not at any time



Examples:

 • I always eat breakfast. 

 • She never drinks coffee. 

Practice: Put the adverb in the correct place!

- I _____ eat cereal for breakfast. (usually) 
- She _____ is late for school. (sometimes) 
- They _____ play football on Sunday. (never) 

Hint: Adverbs of frequency usually go BEFORE the main verb.
Example: She usually walks to school. / She is always happy.

Worksheet 7: Present Tense — Final Review Quiz —

A1 Level • Present Tense Review • Fun & Easy!

Name: _____

Date: _____



1. Fill in the blank —

Use the Present Simple

Fill in the blank with the correct verb
(eat / play / go / study / live).

- I _____ breakfast at 7:00 every morning.
- She _____ to school by bus.
- They _____ football on Saturdays.
- We _____ English at school.
- He _____ in a small town.

3. Match the Picture

Draw a line to match

Match the picture to the correct sentence.



A.



B.



C.

2. Circle the Correct Answer

Present Simple or Present Continuous

Circle the correct answer.

- Look! The dog (run / is running) in the park.
- My sister (read / is reading) a book now.
- We (go / are going) to the library every Friday.

- He is playing soccer. _____
- She is painting a picture. ... _____
- The cat is sleeping. _____

4. 5 Fun Questions!

Write your answer

- What do you do every morning? _____
- Are you studying now? (Yes, I am / No, I am not) _____
- What does your friend like to do? _____
- Circle the sentence that is correct:
a) I eat rice now. b) I am eating rice now.
- Draw or write: One thing you do every weekend → _____

Final Score: _____ / 20

Great Job!

Well done! You finished the Present Tense Review!

LIVEWORKSHEETS