

TRIAL MELAKA 2025

Part 2

Questions 9 to 18 are based on the following passage.

Read the passage carefully and choose the **best** answer A, B, C or D to fill in each blank.
For each question, mark your answer on the answer sheet.

Boxing Beyond the Ring

Boxing is a sport that needs not only strong muscles but also a strong (0) _____. Boxers must be ready to take punches as well as (9) _____ them. A good boxer learns how to watch the opponent's moves carefully and respond (10) _____. Being fast and alert can help a boxer win the match.

Besides fitness, boxers spend a lot of time (11) _____ footwork, timing, and balance. These skills are very important for both defence and attack. Boxers also do sparring with partners. Sparring helps them practise real (12) _____ situations and try out different techniques. These practice sessions also help boxers build teamwork and (13) _____ their confidence.

During real fights, boxers try to score points by hitting the head or body clearly and cleanly. Judges give points for good aim and power but the biggest (14) _____ is to get a knockout. This needs good timing, strong punches, and sometimes a little luck. One strong punch can (15) _____ the whole match, even if a boxer is behind in points.

Fans enjoy the excitement of boxing but (16) _____ is very important too. Referees are trained to stop the fight right away if a boxer is in danger or cannot protect themselves. Doctors are also (17) _____ to the ring, ready to help if needed.

Boxing training is hard and requires a lot of effort and discipline. Boxers do a lot of cardio exercises, weight training, and sparring sessions. Mental strength is very important as well. Coaches help boxers build a strong mindset and teach them how to control their (18) _____ during fights. Boxing is more than just a sport. It teaches important lessons like self-control, hard work, and respect.