



MOCK PROGRESS TEST

Your friend Lucas is preparing a school project about the brain. He has learned some new vocabulary, but he needs your help to complete the activities.

The Human Brain

Name: _____
Class: _____
Date: _____
Score: _____ / 15

01 Read the article and do the tasks.

(3 points)

A. Read the article below. Choose the correct option.

What is the main message of the article?

- ☐ A. The brain only important when we are children.
- ☐ B. Our brain helps us learn, remember and make decisions, and healthy habits can help it.
- ☐ C. We only need exercise to have a healthy brain.
- ☐ D. Emotions do not affect our behaviour.

B. Now choose the best title for the article.

- ☐ A. The human brain and healthy habits
- ☐ B. How to study for an exam
- ☐ C. Different parts of the body
- ☐ D. The important of exercise

The brain is very important because it helps us learn, think and remember information. During childhood and adolescence, brain development continues as we grow.

Our brain also controls our emotions, such as happiness, sadness and fear. It can also influence our behaviour and help us make decisions.

When we study, we need good concentration to focus on the task. We also use our memory to remember new information.

Healthy habits can help our brain work better. Getting enough sleep, drinking water, eating healthy food and doing exercise are good for our brain. It is also important to take breaks when we study.

02 Match the words with their definitions

(10 points)

Lucas wants to check what she remembers from the lesson. Match each word with the correct definition.

Words

- 1. Memory _____
- 2. Concentration _____
- 3. Amygdala _____
- 4. Behaviour _____
- 5. Emotions _____
- 6. Decisions _____
- 7. Hippocampus _____
- 8. Prefrontal cortex _____
- 9. Brain development _____
- 10. Decision-making _____

Definitions

- a. The way a person acts.
- b. The ability to focus on something.
- c. Part of the brain that helps us learn and remember.
- d. The process of changes in the brain as we grow.
- e. Part of the brain that is connected to emotions.
- f. The ability to remember information.
- g. The part of the brain that helps us think and make decisions.
- h. Choosing what we do.
- i. Choices that we make.
- j. Feelings such as fear or anger.

03 Label the Brain

Look at the diagram of the brain and write the correct names next to the arrows.

(2 points)

Use the words from the box:

frontal lobe – amygdala – hippocampus – prefrontal cortex

