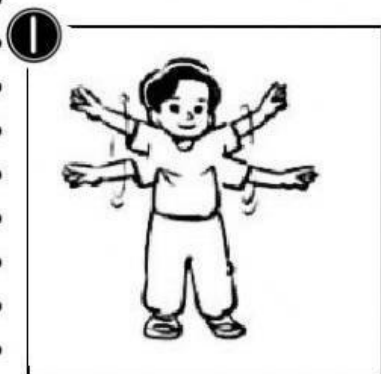


SENAMAN CERIA

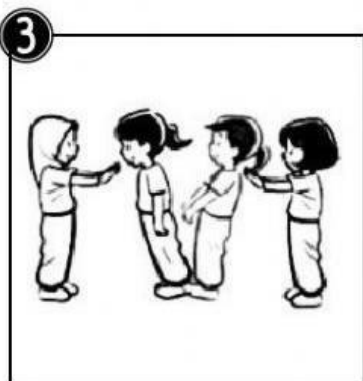
- Pergerakan Bukan Lokomotor -

Padankan rajah dengan jenis pergerakan bukan lokomotor yang betul.



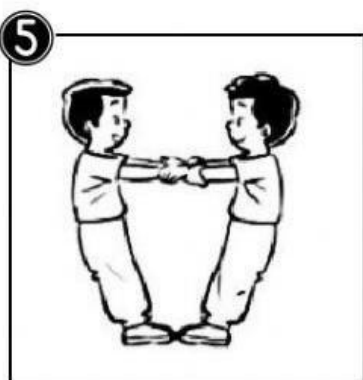
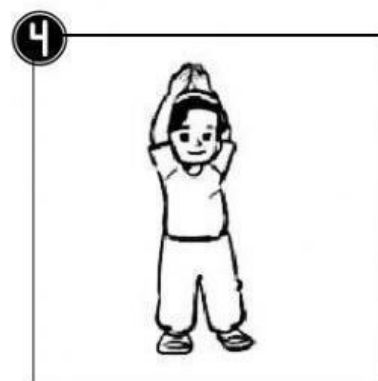
Meregang

Menolak dan mengimbang



Mengayun

Mengilas



Membongkok

Memusing



Menarik

Membuai

