

Name: _____

Class: _____

1. Choose the correct words to complete the sentences. (.5 point each)

nervous | annoyed | embarrassed | shy | upset | calm down | stressful | tantrum

- a. Mom felt _____ when she found her keys in her bag.
- b. Paolo was very _____ when he fell on the stage in front of so many people.
- c. Dad was really _____ when someone hit his car and drove away.
- d. I always feel _____ before an exam.
- e. My brother is very _____ and rarely talks to new people.
- f. I don't want to be a doctor because I think it's a very _____ job.
- g. The child had a _____ when his mom wouldn't buy him a toy.
- h. When I'm angry, I count to ten to _____.

2. Match the words and the definitions. (2 points)

- | | |
|---------------|--|
| 1. sweat | a. when we say something mean to someone, they feel this |
| 2. proud | b. when we don't know where we are |
| 3. hug | c. when we say sorry for something we have done |
| 4. apologize | d. our body does this when it is hot |
| 5. lost | e. we feel like this when we have done something good |
| 6. frustrated | f. we do this when we are angry or afraid |
| 7. hurt | g. we feel like this when we don't |

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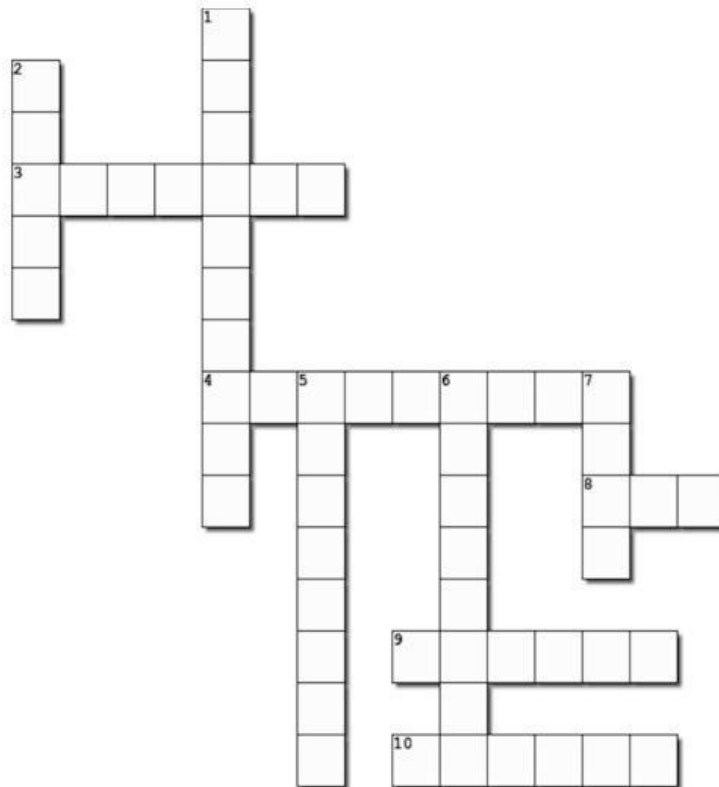
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know what to do

8. follow

h. when we put our arms around
someone to show them we care
for them

9. scream

i. when someone walks behind you,
they do this**3. Read the clues and solve the crossword puzzle (4 points)**

Created using the Crossword Maker on TheTeachersCorner.net

Across

- 3. to face something difficult.
- 4. a thing or situation where you feel stress.
- 8. being nervous around other people, especially in a social situation.
- 9. to go or come after something or someone.
- 10. being severe.

Down

- 1. to cause confusion and shame.
- 2. fortunate.
- 5. no longer feeling stressed.
- 6. to attract attention.
- 7. unable to find.