

Yes / No questions and Chores

I. Look and choose the correct answer.



II. Look and complete.



sweep the



feed the



look after the

III. Look and choose the correct answer.



Are they setting the table?

Yes, **they are**.

No, **they aren't**.



Is he sweeping the floor?

Yes, **he is**.

No, **he isn't**.



Are they feeding the fish?

Yes, **they are**.

No, **they aren't**.



Is he clearing the table?

Yes, **he is**.

No, **he isn't**.

IV. Listen, drag and drop.

helpful active muscles body dinner lungs games healthy happy skating

Be Active!

Using the internet to play _____ and do homework is OK, but it isn't very good for your _____. Healthy children are active. They play games and run to make their bones and _____ strong. Also, breathing fast is good for their hearts and _____.

Healthy boys and girls play hide-and-seek with friends, go roller _____, or ride their bikes – that's active! Moving your body is _____ and fun.

You can be _____ at home, too. Help your family and set the table for dinner. Then clear the table after _____. You will walk and use your muscles. Sweeping the floor uses your muscles, too. Your family will be _____, and you are being active and _____!

V. Read the text again and match.

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|--------------------------|----------------------------------|
| 1 Using the internet | a uses your muscles. |
| 2 Healthy children | b at home, too. |
| 3 Being active makes | c your bones and muscles strong. |
| 4 You can be active | d helpful and active. |
| 5 Sweeping the floor | e is not active. |
| 6 Helping your family is | f play games and run. |