



Listening: Reducing Food Waste at School



Listen carefully and complete the exercises.

1 Choose the correct answer.

Listen and choose A, B or C.

1. Why do students waste food?
A. They take large portions.
B. They do not have lunch.
C. They arrive late.
2. What resources are needed to produce food?
A. Water, energy, and land.
B. Books and computers.
C. Plastic and paper.
3. What can students do to reduce food waste?
A. Take larger portions.
B. Take smaller portions.
C. Throw away leftovers.

2 True or False.

Listen again and write T (True) or F (False).

1. Students sometimes leave food on their plates. ☐
2. Food waste does not affect the environment. ☐
3. Students can take smaller portions. ☐
4. Organic waste can be used to make compost. ☐
5. Only teachers can reduce food waste. ☐

3 Complete the sentences.

Listen and fill in the blanks with the words in the box.

water compost smaller energy environment

1. Students can take _____ portions.
2. Producing food requires _____ and energy.
3. Organic waste can be used to make _____.
4. Food production also requires _____.
5. Reducing food waste helps protect the _____.

4 Three-Item Information Grid

Listen and complete the grid with information from the listening.

Food Waste Problem	Environmental Impact	Possible Solutions
Large portions	_____	Smaller portions
Food left on plates	Wasted resources	_____
Unwanted food	_____	Separate organic waste

5 Match the pictures with the words.

Listen and write the correct word under each picture.

food waste portion compost environment recycle

