CF Grado Básico

Unit 8

I'm going to be healthy

Name / Surname:

Class: Date:

Reinforcement activities

Marks:

VOCABULARY

Fitness and health

1. Match the words to make phrases related to health.

1. go to	a. smoking
2. eat	b. alcohol
3. drink	c. bed early
4. go	d. eight hours a night
5. sleep	e. to the gym
6. give up	f. junk food

2. Complete the table with the activities from exercise 1.

Healthy	Unhealthy
go to bed early	

3. Choose the correct options.

My brother is getting fat because he eats lots of …… .

a. junk food *b. healthy food*

1. I'm tired, I'm going to …… .
a. go to bed early b. stay up late

2. My mum wants to get fit, she's going to …… .
a. be lazy b. do exercise

3. Jess is an athlete, she eats lots of …… .
a. healthy food b. junk food

4. We went to a nightclub last night and …… .
a. went to bed early b. stayed up late

5. My sister …… on her screens.
a. spends too much time b. have a sedentary lifestyle

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LIVEWORKSHEETS

School subjects

4. Write the names of the school subjects.

~~PE~~ maths ICT literature science social science

1. Josh is really sporty. He's very good at *PE*.
2. Sally is interested in plants and animals. She loves _____.
3. Dom likes algebra and quadratic equations. He's very interested in _____.
4. Keith finds reading boring. He doesn't like _____.
5. Shilpa likes learning about history and politics. She enjoys her _____ classes.
6. Belinda loves computers and technology. Her favourite class is _____.

GRAMMAR

Future: *be going to*

5. Complete the sentences with the correct form of *be going to*.

Ned isn't going to (not) stay at home tonight.

1. Ned _____ go to a night club.
2. He _____ wear his new shirt.
3. All Ned's friends _____ go to the club.
4. Ned and his friends _____ (not) smoke at the club.
5. They _____ dance all night long.

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LIVEWORKSHEETS

6. Complete the questions with *is* or *are*.

Are you going to go shopping this Saturday?

1. What _____ you going to buy?

2. _____ your mum going to go shopping with you?

3. _____ you and Ed going to play football next Saturday?

4. _____ your parents going to buy you new boots?

5. _____ your dad going to watch the game?

7. Choose the correct options.

Margaret going to / 's going to leave her job next month.

1. The Prime Minister **is** / **are** going to make a speech later this morning.

2. It **'s going to** / **'s going** to be sunny tomorrow.

3. It's raining, so I **not going to** / **'m not going to** wear my sandals today.

4. We **aren't going to** / **don't going to** join the gym this week.

5. **You are going** / **Are you going** to give up smoking?

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Comparatives

8. Complete the table.

Adjective	Comparative
early	*earlier*
late	
healthy	
unhealthy	
easy	
difficult	
interesting	

LIVEWORKSHEETS

Name / Surname:

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9. Order the words to make sentences.

than / I'm / at maths / better / science

I'm better at maths than science.

1. boring / find / than history / maths / more / I / .

_____

2. ICT / easier / than biology / is / .

_____

3. than / Gladys / friendlier / her sister / is / .

_____

4. Minis / are / than / Ferraris / faster / .

_____

5. worse / Alfie / at PE / is / social science / than / .

_____

WRITING

10. Match the sentences to complete the dialogue.

Colin: What are you going to do	a. going to do later?
Emma: I'm going to study a lot. I've got an exam on Monday.	b. the new sports centre.
Colin: I'm going to play squash. I want to see	c. this weekend?
Emma: That sounds good. What are you	d. go to the cinema to watch a film.
Colin: My girlfriend and I are going to	e. What about you?

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LIVEWORKSHEETS