

Warm up

Instruction : Look at these pictures. Then, write the activities with the words given below.

Wake up

Take a bath

Brush teeth

Get dressed

Take the
breakfast

Take a bus

Have lunch

Study in
class

Leave the
college

Exercise

Meet the
friends

Go to bed



Vocabulary

Instruction : Listen to the words in the audio and then practice to pronounce.

Time	Take a bus	Get up	Go to bed
Breakfast	Gets dressed	Lunch	Take a bath
Go home	Brush	Go shopping	Cook dinner
Do homework	Read books	Make a bed	Study

Activity 1

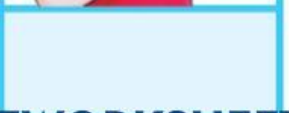
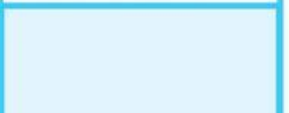
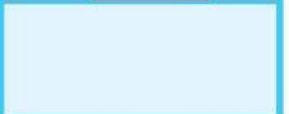
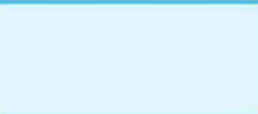
Instruction : Use the words above to complete the sentences.

1. A: What time do you usually _____? B: I usually get up at 6 o'clock.
2. At half past six in the morning, I help my mother to set up the table for our _____.
3. I study until noon. Then I have _____ together with my friends.
4. I always get up at 6 o'clock. After that I go to the bathroom and _____.
5. A: How do you go to school? B: I always _____.
6. The last things I do is lock the door, turn off the lights, and _____.
7. I finish school at four o'clock. I usually _____ around five o'clock.
8. A: What _____ do you go to school? B: I go to school at 7 o'clock.
9. My parents often _____ on the weekend. They buy everything they need.
10. Alice _____ for the college before breakfast. She wears blue skirt and white shirt.

Activity 2

Instruction : Write the letter of each phase with the correct pictures.

A. Put on make up	B. Play video games	C. Listen to music	D. Drive to work	E. Take a shower
F. Wash your face	G. Go out with friends	H. Take out the trash	I. Clean the house	J. Make the bed
K. Dry your hair	L. Do the laundry	M. Go shopping	N. Do the dishes	O. Brush your hair



Instruction : Complete the passage with the correct form of the verb.

Alex's daily routine

My name is Alice. I have one brother; his name is Alex. Every morning he _____ (wake up) at six o'clock. He _____ (go) to the bathroom and _____ (wash) his face, _____ (brush) his teeth and _____ (take a shower). He _____ (have) breakfast at seven o'clock. After that, he _____ (put on) his college uniform and _____ (go) to school by van. He _____ (arrive) at school before eight o'clock. The college _____ (start) at eight-thirty. He _____ (meet) friends at the college. They _____ (play) volleyball together after lunch. They also _____ (surf) the internet. After they _____ (finish) class they _____ (get) back home. At home Alex _____ (do) his homework and also _____ (help) his mother with the housework. He _____ (sweep) the floor, _____ (wash) the dishes, _____ (mop) the floor and _____ (cook) food. Then he _____ (take) a shower and _____ (have) dinner. After dinner, he _____ (watch) television or _____ (listen) to the radio for an hour, with his family. He usually _____ (go) to bed at nine o'clock

Activity 4

Instruction : Change the affirmative sentences to negative and question sentences.

Affirmative sentences	Negative sentences	Question sentences
1. It is important to brush your teeth in the morning.		
2. He is in the office every day.		
3. They are in English class.		
4. Stephan is her classmate.		
5. We are from Thailand.		
6. My sister comes to tell me to take the rubbish out, or wash the dishes.		
7. I get up early in the morning.		
8. He has a cup of coffee before breakfast.		
9. You help your mother to set up the table for our breakfast.		
10. Ronaldo goes to bed at a quarter past nine.		

Activity 6**Instruction :** Rearrange these words into sentences.

1. friends / volleyball / She / with / plays / usually / her/ .

_____.

2. They / listen to/ watch / music / and /often / TV / .

_____.

3. He / lunch/ has /normally/ friends/ with/ his/.

_____.

4. rarely/ in/ They/ classroom/ the/ sleep/ .

_____.

5. concert/ his/ Lisa/ He/ misses/ favorite/ never/ .

_____.

Activity 7**Instruction :** Listen to the audio and choose the best answer.

1. Panrada gets up at _____ 6:00 _____ 7.00 every morning.

2. After she gets up, she _____ takes a shower _____ get dressed.

3. She goes to school by _____ motorbike _____ bicycle.

4. She plays _____ volleyball _____ badminton after class.

5. She comes back home at _____ 5 p.m. _____ 5.30 p.m.

6. After she arrive home, she _____ does homework _____ watch TV.

7. She has dinner at _____ 6 p.m. _____ 6.30 p.m.

8. After dinner, she _____ wash the dishes _____ wash clothes.

9. She goes to bed at _____ 10 p.m. _____ 10.30 p.m.

10. On weekends, she usually _____ go shopping _____ listens to music.

Activity 8

Instruction : Write your daily routine in the table below.

 Get up	Example : <i>I get up at 6 o'clock.</i>
 Wash my face	
 Brush my teeth	
 Take a shower	
 Get dressed	
 Go to college	
 Take class	
 Have lunch	



Meet friends



Have dinner



Do homework



Go to bed